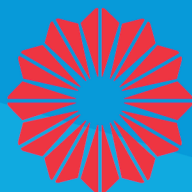


ANNUAL REPORT

年報 2021 / 2022



善愿會

BLESSING CLUB

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(1) 目標、宗旨及名字的由來

Target, purpose and origin of our name

目標

隨着人口老化，長者成為社會的最大弱勢社群，往往因為精神和健康的擔憂，物資缺乏，未能安享晚年。同樣備受困擾的長期病患者，亦缺乏支援和關愛。

我們希望能為長者、長期病患者和他們的家人提供生活上、物質上和精神上的支援，從而提升他們的生活質素，維持他們的尊嚴。宣揚互助共融、積極正向人生，透過關懷紓困、探訪陪伴、聆聽慰問及教育等各種活動，讓香港成為我們同根同心的家。

宗旨

建立正面積極的生活態度，促進跨代融和、令老有所依，弱有所助，互助互愛，活出精彩人生。

善愿會名字的由來

我們是一群志願者，希望能夠為社會上由於疾病、年老引起的生活困難，而陷入心理和精神負擔的長者服務。讓他們在人生起落的路途中得到援助，一起保持善良，心存希望，積極的人生態度。助人自助成為我們實際的行動回饋社會。

Target

With the aging of the population, the elderly have become the most vulnerable group in the society. Due to mental health problems and lack of resources, they are unable to enjoy their old age lives. Those who are struggling with chronic illnesses also lack of support and care.

We hope to provide the elderly, chronically ill patients and their families with living, material and spiritual support so as to improve their quality of life and maintain their dignity. To promote mutual help and harmony, and to live a positive life. Through various activities such as caring and helping, visiting and accompanying, listening to condolences and education, let Hong Kong become our home.

Purpose

Establish a positive attitude towards life, promote cross-generational harmony, serve the elderly, help the disadvantaged group, and live a wonderful life.

Origin of our name

We are a group of volunteers, hoping to help the elderly who are suffering from psychological and spiritual burdens due to illness and old age, to get rid of difficulties. Be kind, having hopes, and facing life positively. Helping others to help themselves become our practical actions to contribute to the society.

(2) 執行委員會 Councillors

主席 Chairman

王淑然 Angela Wong

執行總幹事 Chief Executive Officer

曹爾容 Mona Cho

首席財務長 Chief Financial Officer

陳嘉敏 Angela Chan

營運總監 Chief Operating Officer

王淑薇 Veronica Wong

策劃總監

洪永和 Jacky Hung

Corporate Development Director

(3) 主席的話 Chairman's message

2021-2022 年是我們機構困難的一年，面對著前所未有的疫情，人心徬徨，無論在機構發展和服務的提供都受到影響。

我們眼見眾多家庭面對種種困難，經濟被受打擊。長者孤單在院舍內，而且活動受限，學生停課，人與人之間漸漸疏離。看見這些境況，身為社會工作者，我們怎能不痛心，所以更積極發展網上平台，教導長者應用，提供更多資訊，更鼓勵年青人關顧身邊長者，共同參予活動，同心協力，讓我們能在疫情下繼續支援有需要的長者及其家人，令他們的實質生活和精神生活不再受影響和困擾。

我們勇於新的嘗試，靈活調配資源，在新一年定能更進一步，再把服務做得更切實，一同努力！

2021-2022 is also a difficult year for our institution. Facing the unprecedented epidemic, people are hesitant, both of the development of our institution and the provision of services were affected.

Many families encounter various difficulties and the economy has been hit. The elderly are alone in the elder homes, and their activities are restricted. Students are suspended from classes, and people are gradually alienated. Seeing these situations, as social workers, we are very sad. Hence, we are actively in developing online platforms, teaching the elderly to use applications, providing more information, and encouraging young people to take care of the elderly around them in participating activities together. Let us continue to support the elderly in need and their families under the epidemic, thus their physical and spiritual lives will no longer be affected and disturbed.

We have the courage to try new things, flexibly to allocate resources, and we would be able to step further in the next year, in order to make our services become more pragmatic. Let's work together!

(4) 提供服務項目 Services provided

4.1 「樂活院舍基金」 Joyful Living Fund

自 2016 年成立「樂活院舍基金」，至今已達第 12 期，雖然疫情持續，但無阻礙「樂活院舍基金」繼續以實物支援有需要的長者。今期受惠安老院舍超過 14 間，受惠長者達 299 人。希望藉著送贈日常生活用品，在疫情下繼續送暖。

Since the establishment of the Joyful Living Fund in 2016, it has reached its 12th phase. Although the epidemic continues, the Joyful Living Fund continues to provide in-kind support to the elderly in need. In this phase, the number of elderly homes benefitted exceeds 14, and the number of elderly benefitted reaches 299. We hope that by giving away daily necessities, we will continue to let them feel the warmth during the epidemic.

活動日期 Date	期數 Phase	安老院舍數目 No. of elderly homes	受惠長者 No. of benefited elders
2021 年 11 月至 12 月 November to December 2021	第十二期 Phase 12	14	299

安老院舍名稱 Name of elderly homes	地區 District
福安老人院 FUK ON HOME OF AGED	九龍城 KOWLOON CITY
耆樂園護老中心有限公司 KAY LOK YUEN CENTRE FOR AGED LIMITED	九龍城 KOWLOON CITY
朗佳護老院 LONG KIND HOUSE	九龍城 KOWLOON CITY
思恩護老院 (第一分院) SEE YAN HOME FOR AGED (FIRST BRANCH)	九龍城 KOWLOON CITY

安老院舍名稱 Name of elderly homes	地區 District
平安護老院 THE PEACEFUL RESIDENTIAL HOME FOR THE ELDERLY	九龍城 KOWLOON CITY
福榮護老院有限公司 FUK WING HOME OF AGED LIMITED	油尖旺 YAU TSIM MONG
惠理護老中心 VALUE CARE ELDERLY CENTER	油尖旺 YAU TSIM MONG
順恩護老中心（建福）有限公司 SHUN YAN ELDERLY CENTRE (KIN FOOK) LIMITED	深水埗 SHAMSHUIPO
兆善護老中心 SIU SIN NURSING CENTRE	深水埗 SHAMSHUIPO
德福護老中心 TELFORD NURSING CENTRE	深水埗 SHAMSHUIPO
康怡護老中心 HONG YEE ELDERLY CENTRE	中西區 CENTRAL/WESTERN
天晴護理院有限公司 TIN CHING ELDERLY HOME LIMITED	中西區 CENTRAL/WESTERN
輝濤護老院屯門分院 FAI TO HOME FOR THE AGED (TUEN MUN) BRANCH	屯門 TUEN MUN
嘉濤耆樂苑 KATO HOME FOR THE ELDERLY	屯門 TUEN MUN



4.2 『齊來認識認知障礙症比賽』

"Let's us know about Dementia" Competition

- (1) 網上問答比賽 Online quiz competition
- (2) 徵文比賽 Eassy competition

**齊來認識
認知障礙症比賽**

比賽 (一) 認識認知障礙症網上問答比賽
參加次數不限，以得分最高一次為準，答對最多題目前 300 名參加者，均可獲港幣 100 元禮券，學生可以多次參加，不限次數，但只有一次獲獎機會，以得分最高的一次為準。

比賽 (二) 中文徵文比賽
內容：同學觀看短片後，就短片內容，提交文章討論日常生活中，如何協助家人與長者認識及預防認知障礙症。比賽細則及條款請參閱以下連結。

冠軍 1 名：港幣 2000 元現金獎及獎狀乙張
亞軍 1 名：港幣 1500 元現金獎及獎狀乙張
季軍 1 名：港幣 1000 元現金獎及獎狀乙張
優異獎 10 名：各獲港幣 500 元現金獎及獎狀乙張

比賽日期
2021 年 11 月 1 日 至 12 月 31 日
全日制中學生均可參加比賽(一)及比賽(二)，亦可只選一項

參加方法及比賽細則
詳情請瀏覽本會網站：<https://blessingclub.org.hk>
得獎結果將會於：2022 年 1 月 28 日 本會網站公佈

本會網站

善愿會
BLESSING CLUB

認知障礙早預防

想知道 D 立即上網睇片啦！
<https://blessingclub.org.hk/video>

善愿會
BLESSING CLUB

電話 / Whatsapp 2877 4567

為推廣年青人關愛長者的訊息，我們每年都會舉辦一個主題，讓年青人多點留意身邊長者，多加照應和認識長者的患病可能性。本年度我們主力集中講述認知障礙症的預防。我們收到同學們徵文比賽中許多寶貴意見，文筆細膩感人。我們並將意見拍成短片，希望能吸引更多人關注及預防認知障礙症。

今年網上問答比賽獲獎學校合共 43 間，參與學生人數 1,216 位。

In order to promote young people to care for the elderly, we have a theme every year, to let them pay more attention to the elderly around them, take care of the elderly and understand the possibility of illness of the elderly. This year, we focus on the prevention of dementia. We received many valuable comments from the students in the essay competition, their writing was delicate and touching. Based on their opinions, we made a video to arouse the awareness in preventing dementia.

This year, there were 43 award-winning schools with 1,216 participating students in the online quiz.

4.3 送贈防疫物資 - 屋邨獨居\雙老長者\清潔工人

Distribution of anti-epidemic materials – elders living alone in the housing estate\elders living with spouse\cleaners

疫情已經超過兩年，防疫用品依然不可或缺，對於獨居長者及清潔工人，得到捐贈的防疫物資，無疑可以減輕他們負擔，但更重要是感受到大家的愛與關懷，疫情下大家更加要互相支持和鼓勵，共渡難關。

It has been more than two years since the outbreak of the epidemic, and anti-epidemic materials are still indispensable. For the elderly living alone and cleaning workers, the donated anti-epidemic materials can undoubtedly reduce some of their burden, but the more important thing is to feel our love and care. Let's support and encourage each other in order to overcome difficulties.

活動日期 Date	地點 Location
2021-2022 年 Year 2021-2022	1. 秀茂坪邨 Sau Mau Ping Estate 2. 黃大仙下邨 Lower Wong Tai Sin Estate



義工們不停搜羅各種抗疫用品送贈予各區獨居長者、
清潔工人及安老院舍內長者。

Volunteers kept sourcing various anti-epidemic materials to the elderly living alone, cleaning workers, or the elders in elderly homes.



4.4 其他活動 Other activities

活動日期 Date	活動內容 Content
2021 年 5 月 May 2021	募捐電腦，手機等電子產品，翻新後免費送贈予長者及基層家庭 Donations of computers and smartphones for the elderly and grassroots family
2021 年 12 月 5 日 5 December 2021	送贈福袋予秀茂坪邨的獨居及雙老長者 Gifts to the elderly living in Sau Mau Ping Estate
2022 年 1 月 January 2022	送贈賀年年花予各區院舍內長者 Donate Chinese New Year fresh flowers to the elders in elderly homes in various districts
2022 年 3 月 March 2022	營養奶粉限時購買優惠 Special offer for milk powder

電腦捐贈 Computer donation

疫情蔓延，這兩年網上應用的需求大增。無論長者或基層市民對電腦都要掌握。有鑑於此，我們特別為長者及基層家庭徵求電腦、智能電話捐贈，讓物件可以循環再用，不致浪費。同時亦可惠及長者及有需要人士，希望這項計劃仍能不斷獲得你們的支持！

The epidemic has greatly increased the demand for online applications in the past two years. Both the elderlies and the grassroots citizens have greatly increased the use of computers, hence we solicit donations of computers and smartphones for them. These electronic devices can be recycled and not be wasted and also benefit the elderly and those in need. We hope this project will be continued with your support!



徐女士因家中火警令電腦損毀，義工從眾多零件中組裝了一台電腦給徐女士，令她可以持續學習新科技。



Ms. Tsui's computer was damaged due to a fire in her home.

We assembled a computer for Ms. Tsui, so that she could continue to learn new technologies.

送贈賀年年花 Chinese New Year fresh flowers

獲善長的全力贊助，送贈賀歲年花和大吉給安老院舍的長者，令他們在沉悶和封閉的生活中，倍添節日姿彩，帶來溫暖。

With the sponsorship support, we have Chinese New Year fresh flowers and potted citrus to elderly homes, which adding festive charm and bringing warmth to the elders living.



新年新開始，長者們好高興能收到賀歲年花和大吉。

At the beginning of the new year, the elders are very happy to receive Chinese New Year fresh flowers and potted citrus.





義工們把準備好的食物放進福袋內，送予獨居長者。

Volunteers put the prepared food into lucky bags and gave them to the elderly living alone.



疫情下，我們安排獨居長者到住所樓下領取福袋。

Under the epidemic, we arranged for the elderly living alone to go downstairs to collect their lucky bags.

(5) 財務簡報 Financial Report

5.1 捐款 Donations

捐款
捐款為港幣 82,784 元。

Donations
There were donations of HK\$82,784 in total.

(6) 鳴謝 Acknowledgement

我們衷心感謝以下公司、人士及義工在本年度的捐助及參與，令各項活動得以順利完成。

We sincerely thank for the contributions and participations from the following companies, persons and volunteers during the year.

<u>中文名稱</u>	<u>English Name</u>
唯一電子	-
義務工作發展局	Agency for Volunteer Service
寰愛基金	BEAUSKIN UniLOVE Foundation
古天樂慈善基金有限公司	Koo Tin Lok Charitable Foundation Limited
香港社會服務聯會	The Hong Kong Council of Social Service
東源(漆包線)有限公司	Tung Yuen (Enamelled Wire) Company Limited
訂造皇有限公司	V MAKE MANUFACTURING AND PRINTING LIMITED
戈爾(香港)有限公司	W.L. Gore & Associates (Hong Kong) Limited
龍安樓互助委員會李太	-
龍樂樓互助委員會陳永華主席	-
陳嘉兒小姐	-

-	Mr. Cheung Ming
曹小姐	-
-	Ms. Choi
周國昌先生	-
樊健霖先生	-
-	Mr. Fung Yat Kong
何華先生	-
何慧儀小姐	-
林嘉寶小姐	Ms. Lam Kar Po
梁鴻麟先生	Mr. Allan Leung
宋清華小姐	-
王雙鳳小姐	-
甄玉明小姐	-
龐少梅小姐	-

* 排名按英文姓氏字母次序排列

* Names in alphabetical order

請繼續支持我們！

PLEASE CONTINUE TO SUPPORT US!