

STROKE in ASIA PACIFIC

Newsletter of Asia Pacific Stroke Organization

www.theapso.com

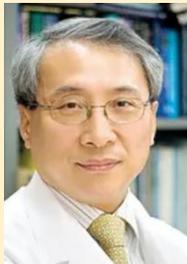
apsosec@gmail.com

Contents

Office Bearers	1
President's Message.....	3
Message from the Secretary-General.....	4
Asia Pacific Stroke Conference 2021.....	5
Report on Asia Pacific Stroke Conference 2020.....	6
Asia Pacific Stroke Conference 2022.....	6
Webinars and CME grants.....	7
Secretariat Office.....	8

Office Bearers

Executive Committee



President - Elect:
BW Yoon (Korea)



President:
Kay Sin Tan (Malaysia)



Immediate Past President:
Man Mohan Mehndiratta (India)



Treasurer:
Nijasri C. Suwanwela (Thailand)



Secretary General:
RT Lin (Taiwan)



CME Chair:
NV Ramani (Singapore)

General Council

Benjamin Clissold	Stroke Society of Australasia
Geoff Cloud	Stroke Society of Australasia
Muzharul Mannan	Bangladesh Stroke Association
Raymond Lee	Hong Kong Stroke Society
WC Fong	Hong Kong Stroke Society
VG Pradeep Kumar	Indian Stroke Association
Yohanna Kusuma	Indonesian Stroke Society
Shigeru Fujimoto	Japan Stroke Society
Shin-ichi Yoshimura	Japan Stroke Society
Kaifu Ke	Jiangsu Stroke Association
Ji Hoe Heo	Korea Stroke Society
Sun U Kwon	Korea Stroke Society
Hoo Fan Kee	Malaysian Society of Neurosciences
Amarbayasgalan Ravdan	Mongolia Stroke Association
Win Min Thit	Myanmar Neurological Society
Lekhjung Thapa	Nepal Stroke Association
Lee Pownall	Stroke Central Region (New Zealand)
Mohammand Wasay	Pakistan Stroke Society
Epiphania Collantes	Stroke Society of the Philippines
NV Ramani	Singapore National Stroke Association
Harsha Gunasekara	National Stroke Association of Sri Lanka
Jiunn-Tay Lee	Taiwan Stroke Society
RT Lin	Taiwan Stroke Society
Nijasri C. Suwanwela	Thai Stroke Society
Nguyen Huy Thang	Vietnam Stroke Association

President's Message

2021 has passed quickly. There is a perception that for every second spent virtually and on-line, more time seems to pass in reality. On that note, I write to remind members that this year is the 10th Anniversary of the Asia Pacific Stroke Organization. This is an accomplishment to be celebrated and at the same time, an opportunity for reflection.

This 10th anniversary has also coincided with the ongoing Covid-19 pandemic, the greatest healthcare disruption in the last one hundred years. Unfortunately, its impact has affected many aspects of stroke care delivery locally and globally. The tenth anniversary in another time and place would have meant in-person gathering, lots of handshakes, photography, dinners, drinks and speeches. In this respect, webcasting technology can re-capture at least part of this spirit in the coming months.

Briefly, APSO was established with the amalgamation of the Asian Stroke Forum (ASF) which was founded in Japan and the Asia Pacific Conference against Stroke (APCAS). APSO was registered as a charity in Hong Kong by Dr Chen-Ya Huang. The first President of APSO was Dr Lu Chuanzhen (China). From its inception, the banking and secretariat services were based in Hong Kong while the first website was registered in India before its transfer to Hong Kong in 2019.

One important objective of the APSO is the delivery of a high standard of stroke care to stroke patients by enhancing stroke knowledge and practices among healthcare professionals in the Asia Pacific region by providing a platform for communication, cooperation and engagement among stroke professionals and neurologists through annual conferences, interactive workshops and continued medical education (CME) activities.

We have several activities to look forward to this year. Please join the Asia Pacific Stroke Conference 2021 in Chennai, India on Dec 9-11 2021. Registration link and further details at www.apscindia2021.com

Please also join us for our series of webinars on specially selected and practical topics to keep you professionally updated. The next one is on Clinical Issues in Secondary Stroke Prevention. Please [PRESS HERE](#) to register.

Do contact me directly via the APSO secretariat (apsosec@gmail.com) if there are any comments or suggestions.

A handwritten signature in black ink, appearing to be 'Kay Sin Tan', written in a cursive style.

Professor Dr Kay Sin Tan, FRCP(Edin), FAHA, FASc
President, Asia Pacific Stroke Organisation
Senior Consultant Neurologist,
University of Malaya,
Kuala Lumpur, Malaysia

Message from the Secretary-General

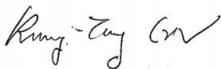
Since the start of Covid-19 pandemic some 18 months ago, the catastrophe has caused tremendous death of human around the world. Besides the life loss, there are also unmeasurable damages and loss in so many aspects of economies, industries and social systems, the impact on stroke care as well, which inversely offer an opportunity for reflection and the action taking as an adaptation amid the slowdown of earth spinning by the pandemic.

The Exco members of APSO are particularly grateful for all the efforts of Korean Stroke Society (KSS) during the period hosting APSC 2020. The success of virtual conference in 2020 in Seoul may serve as good model for future internet meetings, although additional benefits in physical conference far more surpass those as in virtual format, i.e., scientific discussion, educational programs, clinical trial progress, poster presentation and congress banquet, social activities ... etc.

The secretariat of APSO has expanded its service contents as Pandemic hits, i.e., the online Exco meetings keep going, the meetings between Exco and members (especially the host member of APSC) are added, and CME mailbags sent in association with the webinar arrangement. The educational webinars are good for the maintenance of our energy when we are treating stroke patients in daily practice during this difficult period. The APSO members are advised to encourage their society members to register to the webinar CME activities, and to send out the abstracts for coming APSC2021Chennai just to keep preserve our momentum in stroke care.

Covid-19 will be gone somehow, one day; if winter comes, can Spring be far behind?
Register to APSO webinar , save our Momentum.

Wish APSO steady growth.

A handwritten signature in black ink, which appears to read "Ruey Tay Lin".

Professor Ruey Tay Lin
Secretary General
APSO

Asia Pacific Stroke Conference 2021

I am delighted to welcome all of you to the 11th Asia Pacific Stroke Conference (APSC) which will be held on 9 - 11th December 2021 in Chennai, India in a full virtual format. For the 2nd year, the COVID-19 pandemic has resulted in many challenges with the organization of large-scale scientific and educational programs. The website is www.apscindia2021.com.

For APSC 2021, the theme this year is 'Stroke Care in Challenging Times'. The scientific committee have assembled an interesting programme including but not limited to intracranial occlusive disease, organized stroke care in Asia, small vessel disease, secondary prevention in stroke, neurosonology as well as Covid-19 related cerebrovascular complications.

I am very grateful for the hard work of the local organizing committee of the Indian Stroke Association led by Professor Jeyaraj Pandian and for bringing this meeting to fruition. Last but not least, I cordially invite your participation by submitting abstracts and clinical cases to the conference. Although we cannot meet in person, I strongly believe that the scientific content as well as academic interactions will be retained and all participants will have a rewarding learning experience during this conference!

Please visit

www.apscindia2021.com



XIth ASIA PACIFIC STROKE CONGRESS

DEC 9-11, 2021

CHENNAI, INDIA

**Stroke Care in
Challenging Times**

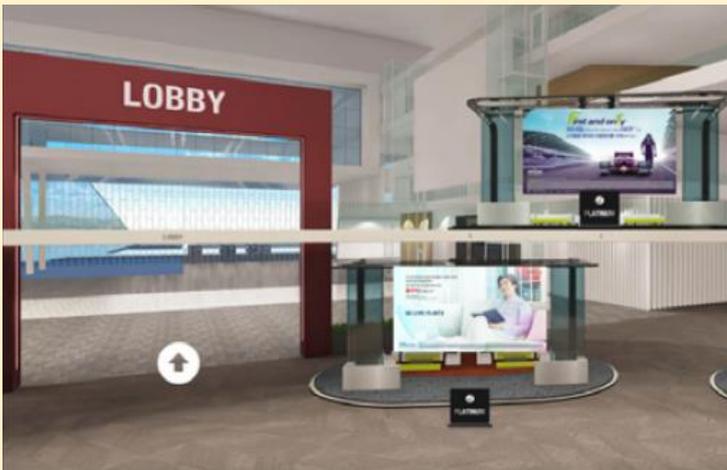
**VIRTUAL
CONFERENCE**

<http://www.apscindia2021.com>

**BLOCK
YOUR
DATES**

Report on Asia Pacific Stroke Conference 2020

During the start of the Covid-19 pandemic, the educational activities of APSO had to be altered drastically. The 10th Asia Pacific Stroke Conference 2020 was hosted by Korean Stroke Society(KSS). The scientific program was reformatted for the first time into a virtual edition with the use of internet streaming technology. The meeting was financially and academically successful despite initial challenges. The record of the organizational efforts of this inaugural meeting is a useful starting point for future meetings. The APSO is appreciative of efforts of KSS.



Asia Pacific Stroke Conference 2022

Asia Pacific Stroke Conference 2022 will be held in Kaohsiung, Taiwan from 25-27 Nov 2022. Further details will be announced closer to the conference dates.

1st Webinar (Completed):



APSO 1st Webinar - Revascularisation in extended time windows

Free Registration:
www.theapso.com



29 May 2021 (Saturday)
6:00 pm - 7:00pm (GMT + 8)

Objectives:

1. To review the indications and evidence for IV thrombolysis and IA thrombectomy beyond the guidelines recommended windows
2. To critically evaluate pitfalls in advanced neuroimaging used to guide patient selection in these extended time windows

Moderators:

Prof BW Yoon (Korea)
President Elect, Asia Pacific Stroke Organisation
Dr NV Ramani (Singapore)
CME Chair, Asia Pacific Stroke Organisation

Enquiry:

apsosec@gmail.com

Time	Topics	Speaker
6:00pm – 6:05pm	Welcome message	 Prof Kay Sin Tan (Malaysia) President of Asia Pacific Stroke Organisation
6:05pm – 6:20pm	Thrombolysis (15 min)	 Prof Padma Srivastava Professor, Head, Department of Neurology Chief, Neurosciences Center AIIMS New Delhi India
6:20pm – 6:35pm	Thrombectomy (15 min)	 Dr Lee Raymand Consultant Radiologist Queen Mary Hospital Hong Kong SAR
6:35pm – 6:50pm	Pitfalls in advanced neuroimaging for patient selection (15 min)	 Prof Henry Ma Adjunct Clinical Professor of Medicine Monash University Australia
6:50pm – 6:55pm	Q&A / Discussion	
6:55pm – 7:00pm	Closing remarks	

Recordings will be available in the future. Please contact secretariat for details or visit website; <http://www.theapso.com>

2nd Webinar



APSO 2nd Webinar - Clinical issues in secondary stroke prevention

Free Registration:
www.theapso.com



10 July 2021 (Saturday)
5:00 pm – 6:00pm (GMT + 8)

Moderators:

Prof Kay Sin Tan (Malaysia)
President, Asia Pacific Stroke Organisation
Prof Nijasri Suwanwela (Thailand)
Treasurer, Asia Pacific Stroke Organisation

Enquiry:

apsosec@gmail.com

Time	Topics	Speaker
5:00pm – 5:05pm	Welcome message	 Prof Kay Sin Tan (Malaysia) President of Asia Pacific Stroke Organisation
5:05pm – 5:20pm	Blood pressure: how low should we go, and when do we start? (15 min)	 Prof Craig Anderson Professor of Neurology and Epidemiology Faculty of Medicine UNSW Sydney Australia
5:20pm – 5:35pm	Lipid lowering in ischaemic stroke and intracerebral haemorrhage: How low should we go? (15 min)	 Prof Udaya Ranawaka Professor in Neurology, Faculty of Medicine University of Kelaniya Sri Lanka
5:35pm – 5:50pm	Anti-platelet therapy: Dual & Single antiplatelet strategy: For whom? Until when? (15 min)	 Prof Shinichiro Uchiyama Professor, Clinical Research Center for Medicine International University of Health and Welfare Director, Center for Brain and Cerebral Vessels, Sanno Medical Center Japan
5:50pm – 6:00pm	Q&A / Discussion	
6:00pm	Closing remarks	

[PRESS HERE](#) for online Registration.

3rd Webinar: August 2021, details will be announced soon.

APSO's Funding for CME Program is now open for member societies' application.

The objective of the funding is to improve educational resources and core clinical skills for the care of acute stroke patients in Asia Pacific Region. Priority will be given to under-resourced countries, using focused workshops to improve the care of stroke patients.

In this area, the organization of acute stroke units, the use of intravenous thrombolysis and the systematic organization of secondary prevention stroke strategies are priorities. There is a pressing need for improving care due to small number of stroke units and the low frequency of rt-PA usage in a large proportion of the Asia-Pacific region.

APSO would like to cordially invite member societies interested to apply for funding by submitting the application form. Please [PRESS HERE](#) to download.

Please send to the APSO Secretariat by email apsosec@gmail.com. Applications should arrive at least 4- 6 months prior to the suggested CME workshop.

Secretariat Office

**Correspondence Address: Room C, 3/F, Worldwide Centre,
123 Tung Chau Street, Kowloon, Hong Kong SAR**

Tel: (852) 2396 6261

Fax: (852) 2396 6465

Email: apsosec@gmail.com Website: www.theapso.com