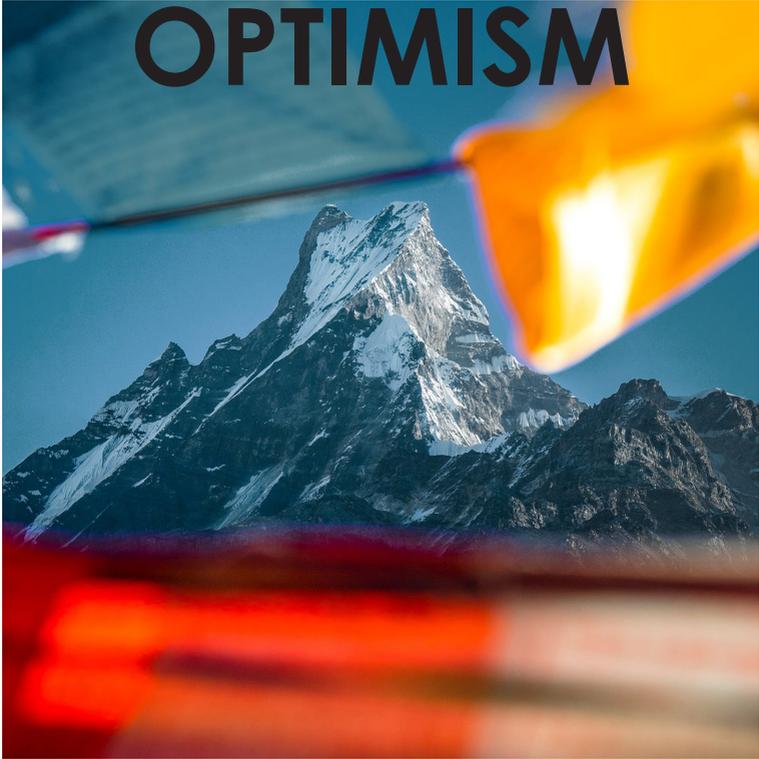




# ANNUAL REVIEW 2020

**A YEAR OF**

**OPTIMISM**



## MESSAGE FROM OUR FOUNDERS

### Dear CWS Friends and Supporters,

First of all, we would like to say how much we have missed you all as CWS has always been very much a peoples' what is the possessive noun of people's charity with all the public fundraising events we usually organise and thus meet you at. Unfortunately, these fun events such as Lamma Fun Day, Gurkha Trailblazer, Charity Football challenges to name a few, all had to be cancelled over the past year and it still seems sometime before we can stage them again. We can't wait for that day to come...

Secondly, we would like to take this opportunity to thank our three partners for their incredible work and tireless efforts to serve children and young people get through this very difficult year in which they had to operate and navigate through all the lockdowns and restrictions. Right4Children, Kopila Nepal and Star Children have been phenomenal.

For everyone the world over, these are desperate times, and as always it hits the poor disadvantaged communities the most. And within these communities, it is the women and children that are the hardest hit. Domestic violence, rape, child marriage, and child labour have all seen a sharp rise due to the outbreak of COVID-19. Sadly, as the world population has suffered, support is less forthcoming and people, communities, and governments' attention is elsewhere and distracted.

CWS has created hope and provided opportunities during this period of distress to thousands of children and their families and we will continue to do so with our local partners throughout 2021. Unfortunately, our fundraising activities have all taken bad hits due to the cancellation of all our public events and many of our friends and supporters have had to tighten their belts. This means we've had to dig deep into our reserves as the show has to go on. We can still call ourselves fortunate in comparison to children and young people who have been trapped in horrendous circumstances ignited by COVID. CWS cannot shy away from the ordeals children find themselves in, and we would like to reach out to you all with a simple message –

**WE REALLY DO NEED YOUR SUPPORT THIS COMING YEAR MORE THAN EVER BEFORE!!!**

This Annual Review, we believe reflects the incredible efforts all our partners, friends and supporters have been engaged with to support amazing projects to bring hope and opportunities to so many thousands of children this year despite the challenges and (literally) road blocks that were in front of us.

From all of us, thank you so very much for your amazing trust, belief and continued support in our work.

Most importantly for now, keep well, remain happy, and lots of love to you from all of us at CWS!

**Douglas & Gordon (CWS Founding Directors)**

# NAMASTE



"Aim to make a difference in someone's life every single day,  
including your own." **Dow Zantamata**

# Board Directors and Team

Gordon Oldham | Zein Williams | Garrett Quigley

Douglas Maclagan | Darshan Shakya

**Supporting** Nepal's **Disadvantaged**  
**Children** and **Young People** from  
**Early Childhood Education** to  
**Successful Livelihoods**

## Our NGO partners in Nepal

Right4Children

Kopila Nepal

Star Children



"The simplest acts of kindness are by far more powerful than a thousand heads bowing in prayer." **Mahatma Gandhi**

# WHY NEPAL?

## POVERTY

The COVID-19 crisis has continued to negatively impact livelihoods of Nepalese households, with **11 percent of households reporting job loss** and **31.2 percent a reduction in income**

## YOUTH

In 2020, nearly **8 million children were out of school**. United Nations Development Programme warns that the consequences of the pandemic can set back the school attendance rates to before 1980, thereby effectively annulling 30 years of progress

## VULNERABILITY

Estimates suggest that around **50 young women are trafficked from Nepal to India everyday**. National Human Rights Commission of Nepal (NHRC) found that in **2018-2019 alone, 35,000 Nepali citizens were trafficked**. The NHRC report also predicted that around **1.5 million Nepalis are currently at risk of being trafficked abroad**



“Education is the most powerful weapon which you can use to change the world.” **Nelson Mandela**

# EDUCATION PROJECTS

## Child Friendly Schools

The Child Friendly School (CFS) project envisions that every school should have bright and clean classrooms, separate toilets for girls and boys, clean drinking water, qualified teachers, necessary teaching-learning materials and safe infrastructure. The project aims to enhance government schools by providing these important elements that are necessary to ensure that all school-age children have access to quality education and are motivated to attend schools which eventually prevent school drop-outs and the chances of child labour, early marriage, trafficking and other cases of child abuse.

In 2020, 6 community schools were selected for the project but due to the nation-wide lockdown imposed by the government to stop the spread of the COVID-19 pandemic, all the project activities were postponed from March 2020. To respond to this emergency situation our NGO partner, R4C directed its effort to provide emergency relief packages to 183 families living in the slum areas of Pokhara. The project also developed and distributed a "Self Learning Exercise Book" to help children continue their learning during the lockdown. The book was distributed to 9918 students of 69 schools within the Kaski region.

During the lockdown, in partnership with the education department of the Gandaki province, distance learning classes for subjects like Maths and Science for grade 9 and 10 students were broadcasted on local television channels for 105 days. 6 Public Service Announcements and 4 animated visuals on COVID-19 awareness were produced and broadcasted through local radio stations, televisions and social media platforms.

The project also distributed various protective equipment and supplies to 12 schools to ensure a safe reopening of these schools could take place. In the same period, 63 teachers from 4 schools were trained on Basic skills of ICT (Information & Communication Technology) in classrooms.



"Imagination is more important than knowledge. Knowledge is limited. Imagination encircles the world." **Albert Einstein**

# PROTECTION PROJECTS

## Art Programmes

The Art project is a part of the Child Friendly School (CFS) project with the main objective to provide a platform for students to express their voice using their creativity and using art as a medium to raise awareness about Child Rights. Having art as an extra-curricular activity in government schools allow children to have fun and develop their creative skills. Various art classes and workshops in schools encourages children to participate and stay in school preventing them to fall victim of trafficking and child abuse.

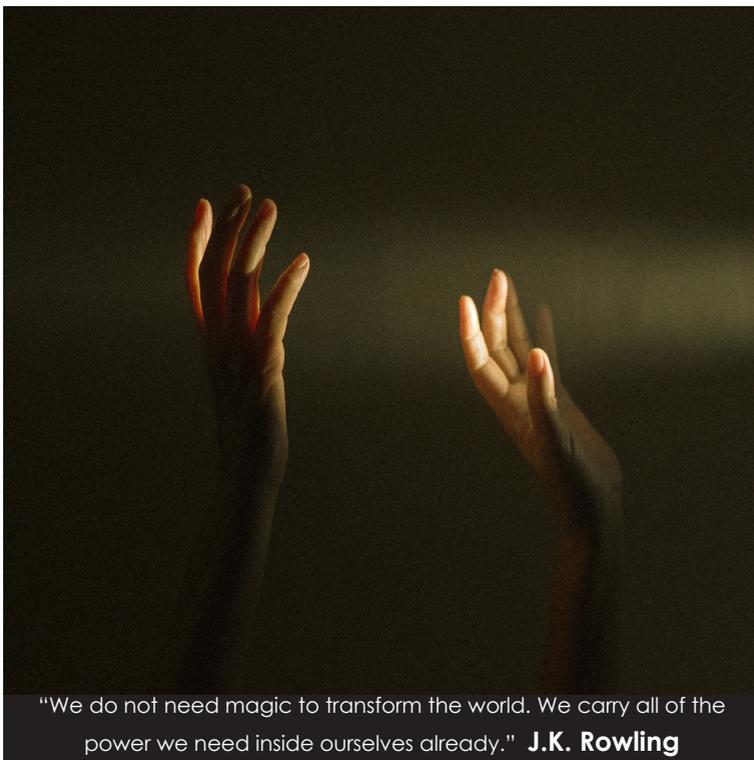
Due to the nationwide lockdown, some of the project activities were delayed until June 2021. During the period, 6 community schools of Kaski district were selected for the project directly benefitting 900 students.

6 focal teachers from each schools were given arts orientation to provide basic art skills and technique to facilitate art classes in primary levels in all schools.

3 online art competitions were held during the lockdown to engage children at home. Total of 208 children participated in these competitions.

6 art murals were created in schools around Pokhara Valley to raise awareness about COVID-19.

500 copies of the Nepali Calendar was produced which included various artwork created by the students of the art project. These calendars were distributed to various organisation, community centre, government offices etc to promote and raise awareness on Child Rights.



"We do not need magic to transform the world. We carry all of the power we need inside ourselves already." **J.K. Rowling**

# PROTECTION PROJECTS

## Kopila Safe Home

Nepal currently ranks 106 out of 156 countries in the global gender gap, the domestic violence and sexual abuse against women are widespread and a massive problem in the country due to its predominantly patriarchal society. COVID-19, the lockdown and restrictions confined women and young girls to their homes, increasing the risk of domestic violence and sexual abuse against them. The available support to respond to violence against women and young girls was also disrupted during this period.

Kopila Safe Home is a transitional home to provide shelter, counselling and rehabilitation to victims of sexual and domestic violence with mental illness caused by trauma.

In 2020, there was a significant increase in the number of women and girls referred to the Safe Home compared to last year. 55 women and girls were admitted and received support at the Safe Home. 53 beneficiaries received physical health treatment. 19 beneficiaries received legal support out of which 2 cases were related to rape cases. Regular psychosocial counselling was provided to all women and girls at the Safe Home. 25 beneficiaries were reintegrated with their families and relatives.

The number of beneficiaries returning home is encouraging but it is still one of the challenging part of this project as there is a high risk of reintegrated beneficiaries returning back to the street or Safe Home due to an inappropriate environment at their home. To prevent this from happening our partner constantly monitors and makes follow up visits to their home to ensure that they are safe and protected.

Last year, the government of Nepal provided a piece of land and a budget to construct a facility on the outskirts of Pokhara, which is still under construction. The progress came to a halt during the pandemic and part of the facility was also used as a temporary quarantine centre for positive COVID-19 cases by the government.



"The best protection any woman can have is courage."

**Elizabeth Cady Stanton**

# PROTECTION PROJECTS

## The LETEPIA Girls Emergency Shelter

The Safe Home project, which started in 2013 helped over 300 women and young girls of which 45% were under 19 years of age. In the last 5 years, 60% of victims referred to the Safe Home project were teenagers aged between 17 to 24. Most of them didn't have serious mental challenges or trauma and housing them with other women suffering from more severe mental instability was not conducive to proper recovery and rehabilitation. Recognizing the need for a separate shelter for these young girls, Kopila Nepal in partnership with CWS HK launched a new project, The LETEPIA Girls Emergency Shelter to provide various assistance and support for their wellbeing and successful rehabilitation.

Since June 2020, 32 young girls received support at the shelter. Most of them were victims of rape and domestic violence.

27 girls received health treatment and 25 girls received counselling services. 9 girls also received legal support for their legal entitlements and court hearings etc.

The project also aims to provide skill training and income generation support for these young girls. 10 girls received in-house training on handicraft like knitting and sewing. Due to the lockdown other vocational training was postponed.

During the six-month period, 11 beneficiaries were reintegrated with their families and relatives. Regular counselling, monthly follow up calls and home visits are carried out continuously to ensure that beneficiaries and family members remain safe and happy with one another and to increase the reintegration success rate.



"The creation of something new is not accomplished by the intellect but  
by the play instinct." **Carl Jung**

# PROTECTION PROJECTS

## Alexander Home

The Alexander Home project has been providing homely care and support to children infected with HIV/AIDS in the city of Pokhara. The project provides safe shelter, nutrition, education and medical services to these children to help them maintain optimum health and their well-being.

Currently, there are 2 boys and 4 girls living in the residential care under the supervision of a house mother and caretaker, while 3 boys are living in the independent home with partial support from the project.

2020 was a challenging year for the children at the Alexander Home as they had to take extra precautions and safety measures to avoid any infection. Their regular home tuition and other outdoor activities were postponed for safety reasons. However, all the children were able to attend their online classes and take their anti-retroviral drugs (ARVs) on a regular basis. They were also engaged in various indoor activities like festival celebrations, awareness and motivation workshops and group counselling etc.

3 boys moved to independent living and the project provides them with partial economic support. One of them was provided with seed money to start goat farming, whilst the other two, are currently under taking internship as an assistant electrician at a local shop.

The project will continue to provide care and support to these children until they grow up and are able to live independently.



"When one person's livelihood changes, it can impact an entire family, then a whole community." **Tae Yoo**

# VOCATIONAL TRAINING

## FAB Hospitality School

The FAB Hospitality school opened in 2017 and has been providing world-class hospitality training to young people from disadvantaged backgrounds. The school is being run in partnership with Global Academy of Tourism and Hospitality Education (GATE), a Kathmandu based college renowned for its quality education and training in hospitality sector. The key focus is to create training programmes to equip young people with necessary skills to meet the demand of the growing hospitality industry in Nepal.

Currently, it offers 3 different tailor-made courses: housekeeping, food and beverage service, food and beverage production (Chef). Through partnerships with local businesses such as hotels and restaurants, the students receive both the training and a guaranteed job upon graduation. In this way both the students and the local businesses contributes towards sustainable economic growth. Most importantly, once employed, the students will earn a fair wage that makes them capable of pulling themselves and their families out of poverty.

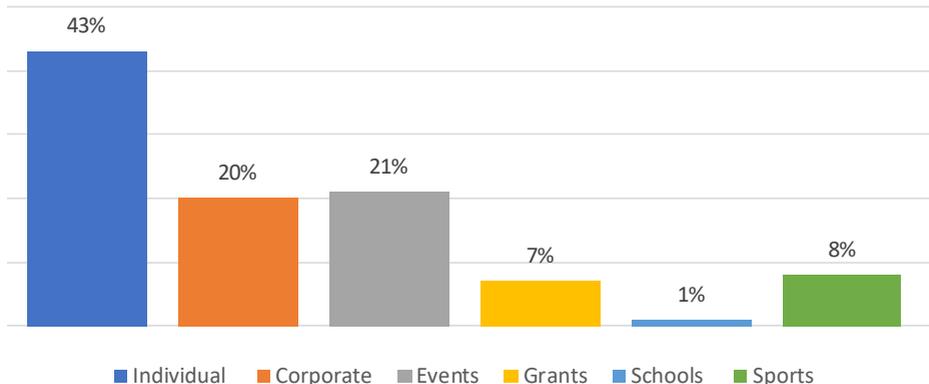
In 2020, very few activities were held and most of the classes were postponed due to the nationwide lockdown. Many local businesses were affected and were not able to pay allowances to FAB trainees. During this period, families of 60 students of FAB school were provided with various food and sanitary items to help them overcome this difficult time.

FAB school has resumed its classes and the project will continue to provide scholarships to young people from disadvantaged backgrounds.

# FINANCES

2020 was a challenging year but CWS is fortunate to have many dedicated friends from all walks of life contributing their valuable time, money and skills in order to help us reach our financial goals. No matter how big or small - every contribution adds up to make a difference to the work that CWS does. Thank you!

Income 2019-2020  
HK\$ 1,775,129

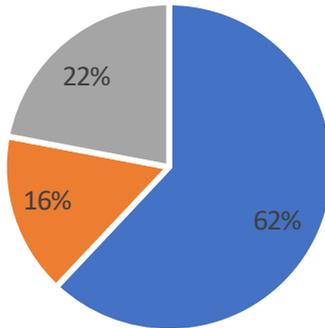


Notes:

- Income represents donations received during fiscal year 1<sup>st</sup> July 2019 to 30<sup>th</sup> June 2020
- Income does not include HK\$251 earned through interest income
- Event income is net of the HK\$198,433 production costs necessary to hold the events
- Income does not include HK\$120,000 donation from OLN to cover CWS HK office rent

# FINANCES

Expenditure 2019 - 2020  
HK\$ 1,753,239



■ Charitable Expenditure   ■ M&E   ■ General Admin

Notes:

- Expenditure represents expenses incurred during fiscal year 1<sup>st</sup> July 2019 to 30<sup>th</sup> June 2020
- General Admin expenses includes depreciation of fixed assets amounting to HK\$ 14,387
- Expenditure does not include CWS HK office rent expense of HK\$120,000 which is covered by OLN

# OUR COMMUNITY- 2020

CWS is very grateful to have this wonderful community of friends and families around the world who are not only generous but also passionate about the projects we support. 2020 has brought unprecedented challenges for many of us. The biggest challenge for CWS was not being able to organise charity events this year which shrank the total funds raised by 44% compared to last year. However, we are fortunate to have committed donors and supporters who contributed towards our meaningful cause which helped us get through this difficult year. A big "Thank You" to everyone that has supported us in every little way to help us move forward on the journey toward a positive change.

## **Individuals**

We are grateful to have many kind-hearted individuals and families donating their time and money to enable us to do so much in Nepal – Thank You!

## **Schools**

Australian International School, Canadian International School, Chinese International Schools, Sha Tin College and Pat Heung Central Primary School

## **Businesses, Corporations and Foundations**

AWOO, Bamboo Content, Bliss Creations, Body Awakening, Clifford Chance, Debby Yeung Design, DFS Group, Discover 360 Media, Donnelley Financial Solutions, Exit Stencil Design, Gurkha Store, Gone Running , Harry Harrison, HighLife, Hillman Ross Limited, Hing Yip International, HK Electric, HK Volleyball Group, HKKF, Hong Kong Hiking MeetUp, Hong Kong Indian Women's Club, iDiscover City Walks, IMP Consultancy, Infinity Productions, Island Bar, Island Sports, Island Wine and Bar, Jing Jing Bar & Restaurant, Konfusion, Lagoon Beach Bahrain, Lamma Art Collective, Living Lamma, Lingma Construction, LKF Group, Localiz, Love's Dance Studio, MANA, Moet Hennessy Diageo, Morgan Stanley, Mövenpick Hotels & Resorts (now ACCOR), Namaste Kitchen, Nepal Finance, No Name Events, Ocean Park, Oldham, Li & Nie, Olive Leaf, Paul Gerrard, Pemberton Investments, Pizza Express HK, Primal Fit, Pyjama, QNET, Revivo, Running Biji HK, Run The World, San Miguel, Singha Beer, Sovereign Art Foundation, Target Storage, Telford HK, The Body Shop, The Cathedral Clares, The Gurkha Cemeteries Trust, The Jungle, The Pavilions Hotels & Resorts , The Royal British Legion, Toi Toi and Uncle Russ Coffee.



"Little things make a big difference." **Yogi Berra**



## **CHILD WELFARE SCHEME**

Unit A1,  
11/F, Victory Factory Building,  
16 Wong Chuk Hang Road,  
Hong Kong

Tel: (852) 2526 8810  
[www.cwshk.org](http://www.cwshk.org)

Registered charity no. 865654

Office space kindly sponsored by Oldham, Li & Nie