



成長希望基金會
CHANGING
YOUNG LIVES
FOUNDATION



2021-2022
Annual Report
年報



Let's Change Young Lives for the Better

一起為孩子 創建成長希望



Changing Young Lives Foundation is dedicated to rewriting the life stories of thousands of underprivileged children and marginalized youth in Hong Kong and the Mainland every year by providing them with 100% free of charge centre-based and outreach programs in education, talent development and self-empowerment, unleashing their potential to maximize their opportunities at school and work, and inspiring them to live their lives to the fullest.

Our heritage harks back to the 1950s when it was part of the International Save The Children Alliance. Registered as a Hong Kong charitable organization in 1996 and left the Alliance in 2006, we renamed to Changing Young Lives Foundation to focus and expand on our services in Hong Kong and the Mainland since then.

Our Mission

We serve underprivileged young people in Hong Kong and the Mainland and strive to change their lives for the better. We support and inspire them to work towards a better life through educational and developmental programs which nurture the mind, body and spirit. We help them acquire the knowledge and skills they need to realize their full potential and lead happy and productive lives. We work in the spirit of the United Nations Convention on the Rights of the Child and we promote these rights on our services.

Our Vision

Our vision is of a world where children of all ages are protected from abuse, neglect and exploitation and kept safe at all times, where they have shelter, food, health care and education. These are the basic requirements for the sound development of all children. We see our young people, who are at risk or disadvantaged, trusting and believing in themselves and feeling good about who they are and all the great things they can do. We see them exploring and realizing their talents and abilities to the fullest, and having the self-assurance and courage to reach out for their dreams.

成長希望基金會每年致力為數以千計香港及內地的弱勢及基層兒童和青少年提供100%免費的教育和個人發展機會，透過中心及外展服務，啟發他們發揮潛能，讓他們在學習和工作上盡展所長，活出快樂豐盛的人生。

我們的歷史可以追溯至五十年代，當時我們仍是救助兒童會的國際分會。我們於一九九六年正式註冊成為香港的慈善機構，並於二零零六年脫離救助兒童會及重新命名為成長希望基金會，專注並拓展在香港及內地的服務。

我們的使命

成長希望基金會依據聯合國兒童權利公約的內容和精神，致力幫助香港和內地的貧困兒童和青少年改善生活，確保兒童的權利得到保障。我們透過教育和成長發展的福利項目，培育他們身、心、靈發展，啟發和支持他們邁向更精彩的人生。我們又協助他們獲取豐富的知識和掌握多種生活技能，讓他們發掘自己的潛能，追尋理想，活出快樂和豐盛的人生。

我們的信念

我們的信念是任何年齡的孩子都應該得到保護，不應受到虐待、忽略和剝削的威脅；他們需要在得到庇護、食物、醫療保健及教育的環境下成長，因為這些是他們茁壯成長的基本條件。我們要讓孩子相信自己，喜歡自己。我們要讓他們發掘自己的潛能，並憑著自信和勇氣追尋夢想，夢想終會成真。

Message from the Chairman 主席的話

Like the previous year, this past year has continued to be challenging for most non-profit organizations like Changing Young Lives Foundation, with operations and services severely impacted by the social distancing requirements imposed by the Government to combat the fifth wave of the COVID-19 pandemic.

As a result of these social distancing requirements, our Foundation had to cancel many of our in-person program activities and rely part of the time on our online digital learning programs to serve as many underprivileged children and young people in Hong Kong as we could to help them reach their potential, raise their self-esteem, inspire them to reach for their dreams and give back to society, and enrich their lives in all respects. Our Foundation continued to provide free computers to those in need for online learning and distribute free masks and other COVID-19 essential necessities.

Despite these challenges, I am pleased to report that, over the past year, our Foundation was able to reach over 5,800 Hong Kong underprivileged in our centre-based, outreach, as well as online programs such as Early Childhood Education, Empower, NetPals, Slam Dunk Challenge, and Story Wonders. In addition, we introduced a new pilot program, entitled SMART, which is capacity building program dedicated to strengthening the leadership and interpersonal skills of under-resourced youth through a series of tutoring and peer support activities.

We are very grateful for the ongoing support of our corporate partners, individual donors, Council, Board of Advisors, volunteers, as well as the non-profit organizations we work with. Their generous and inspiring contributions allow us to work tirelessly to ensure that our transformational programmes continue to benefit the children we serve and change their lives for the better.

It is with great pleasure that I present the Changing Young Lives Foundation's annual report. My appreciation and thanks go to all who make our work possible.

Sheilah Chatjaval
Chairman

成長希望基金會與香港眾多慈善機構一樣，過去一年在第五波新冠疫情及政府推行的社交距離措施影響下，日常運作及服務均受到嚴峻的考驗。

鑒於社交距離措施的限制，縱使許多實體服務及活動被逼取消，我們仍竭力為本港的弱勢及基層兒童和青少年提供需求殷切的線上服務，繼續啟發他們發揮潛能，提升自我價值；同時鼓勵他們追尋夢想，回饋社會，在逆境下活出積極豐盛的人生。此外，基金會亦持續派發免費的電腦設備及防疫物資給有需要的學童。

儘管遇上眾多的挑戰，本人仍欣然報告基金會在過去一年，透過中心及外展服務，以及線上學習支援：包括幼兒教育、潛能啟迪、有您在線、青少年入樽計劃及故事遊學園等項目，共惠及超過5,800名香港的弱勢及基層兒童和年青人。我們亦開展先導項目「SMART-童航領袖計劃」，藉著多元化的學習輔導及朋輩支援活動，鍛鍊基層年青人的領袖才能及溝通能力。

非常感謝企業夥伴、個人捐贈者、董事局、義工及其他社福機構的慷慨支持及參與，讓我們能不懈地透過適切合宜的服務，造福更多有需要的兒童及青少年，為他們創建更美好的未來。

本人謹借呈上本會2021至2022年度的工作報告，再次衷心感謝各界對成長希望基金會的支持。

主席
陳鄭兆齡

Our Governance 管治架構

2021-2022
(as of 截至 31-3-2022)

COUNCIL MEMBERS 董事局委員

Honorary Chairman 義務主席	Mrs. Sheilah Chatjaval 陳鄭兆齡女士
Honorary Deputy Chairman 義務副主席	Mrs. Yvette Ho 何馬美域女士
Honorary Secretary 義務秘書長	Mr. James Louey 雷兆光先生
Honorary Treasurer 義務司庫	Mr. Michael T.P. Sze, FCA, LLM 史習平先生, FCA, LLM
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	Ms. Denise Ho 何文珊女士
	Mr. Thomas Ho 何乃威先生
	Mr. Arthur Leung 梁達勇先生
	Mr. Li Kin Man 李建文先生
	Ms. Michelle Liang 梁馨文女士
	Mr. Howard Ling, MH 凌浩雲先生, MH
	Mrs Angie Ting 丁何穎雯女士

Auditor 核數師

Ernst & Young
安永會計師事務所

Honorary Legal Advisor 義務法律顧問

Angus Forsyth & Co





BOARD OF ADVISORS 董事局顧問

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Members 委員	Mr Andrew Brandler 包立賢先生
	Dr Chow Chun Bong, BBS, JP 周鎮邦醫生, BBS 太平紳士
	Dr Lo Ka Shui, GBS, JP 羅嘉瑞醫生, GBS 太平紳士
	Mr Alasdair Morrison 文禮信先生
	Mr Martin Spurrier 史博禮先生
	Mr Jim Thompson, GBS 詹康信先生, GBS
	Mr Michael Wu 伍偉國先生
	Ms Marjorie Yang, GBS, JP 楊敏德女士, GBS 太平紳士
	Dr Allan Zeman, GBM, GBS, JP 盛智文博士, GBM, GBS 太平紳士

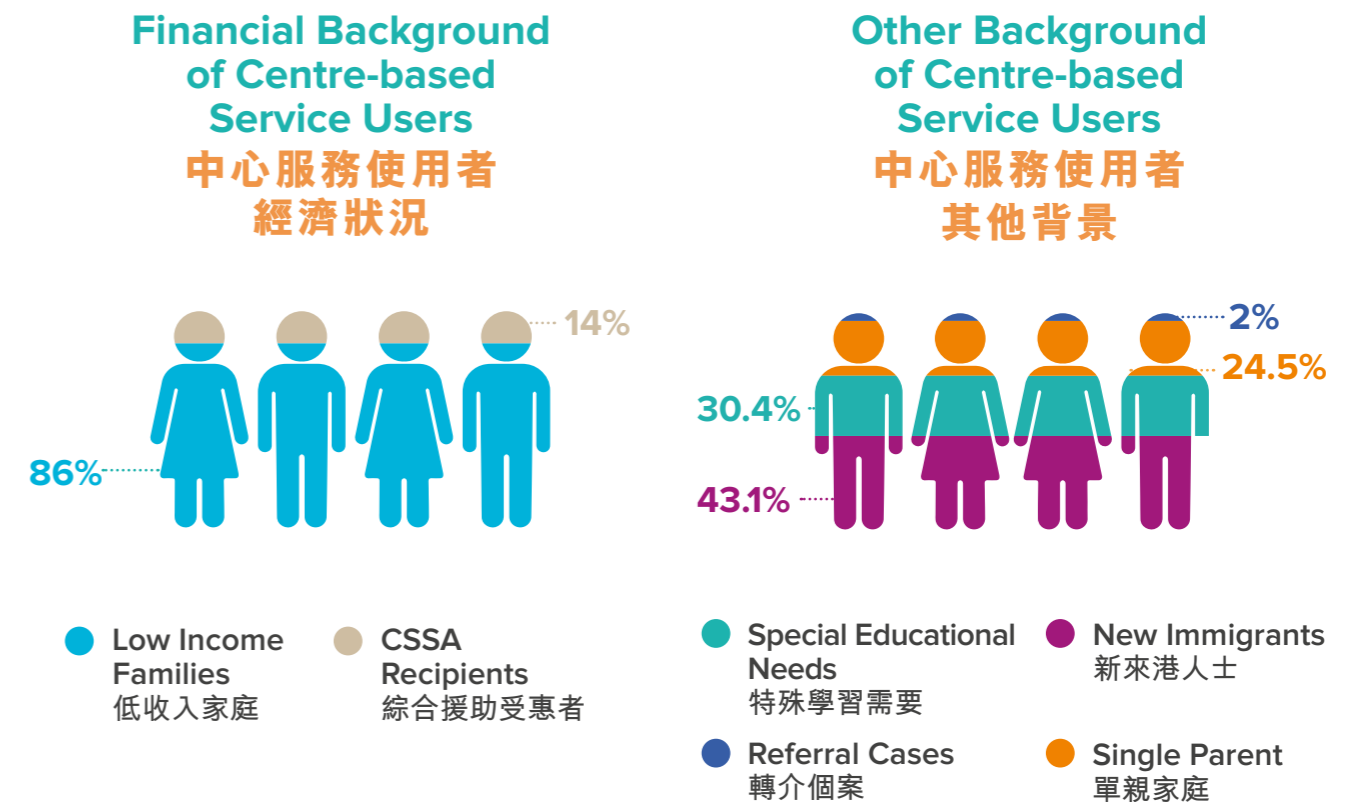
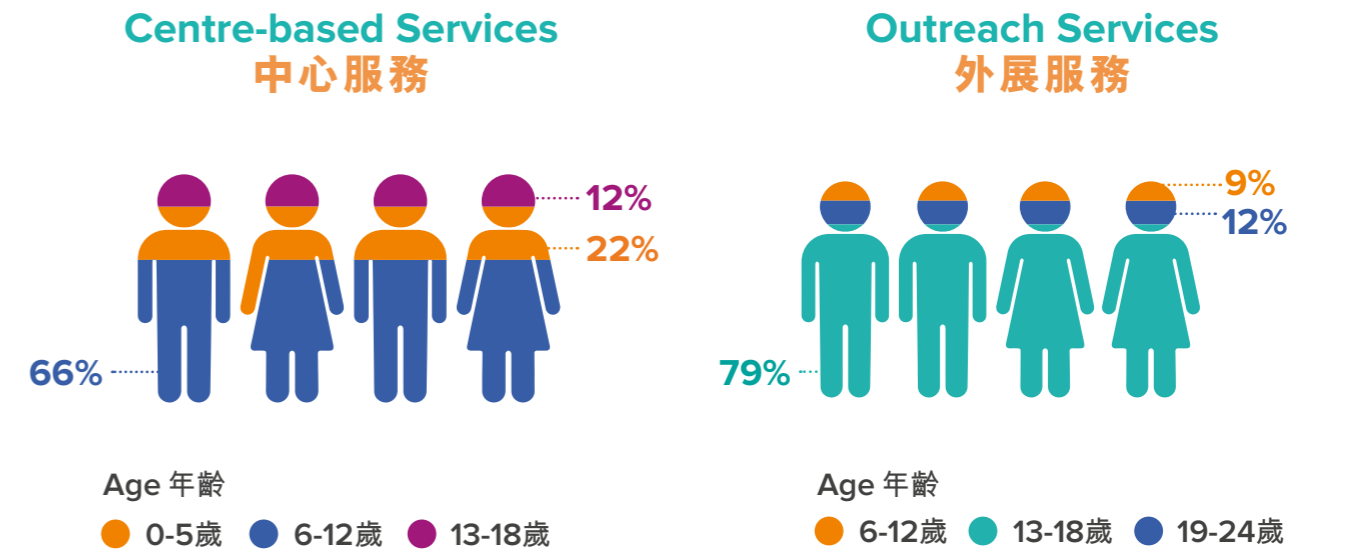
Executive Director 行政總監

Ms. Caribbean Chan
陳妙瑜女士

Our Service Users (Hong Kong) 我們的服務使用者 (香港) 2021-2022

	No. of Service Users (Attendance) 年度受惠人次	No. of Service Sessions 服務節數
 Centre-based Services 中心服務	11,716	1,999
 Outreach Services 外展服務	18,295	1,068
 Digital Services 網上學習服務	3,871	646
 Pandemic Relief Services 抗疫支援服務	5,173	645
Total No. of Service Users (Attendance) 總受惠人次：	39,055	
Total No. of Service Sessions 總服務節數：		4,358

Age of Service Users 服務使用者年齡 (1-4-2021 截至 31-3-2022)

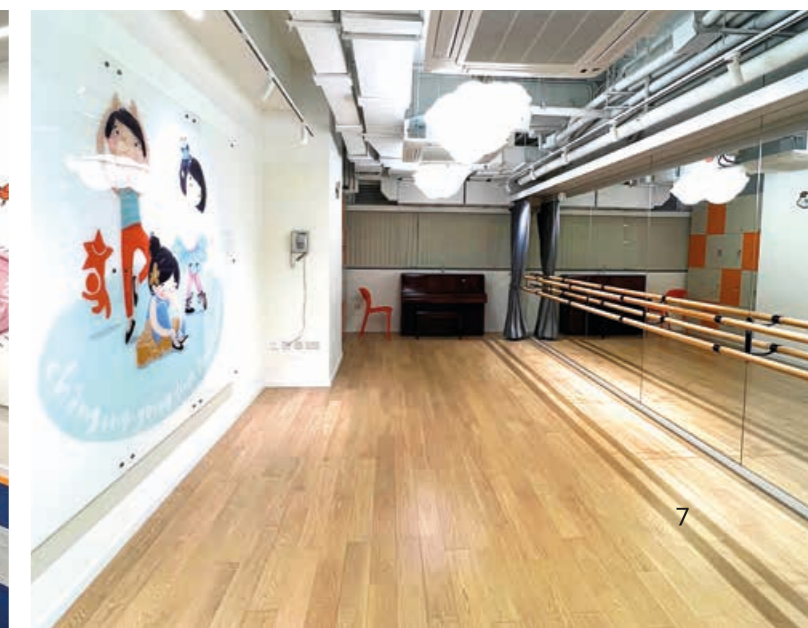




Our New Centre 我們的新中心

Changing Young Lives Foundation **Herbert and Alice Cheng Centre** has commenced services in 2022 summer. Located in the redeveloped Pak Tin Estate, the 5,400 square feet new learning centre and its 11 activity rooms can provide 7,500 sessions of most needed centre-based services, benefiting over 3,000 underprivileged children aged 1 to 18 living in the Sham Shui Po area every year.

成長希望基金會**鄭樹安伉儷中心**已於 2022 年夏天開始投入服務。位處重建後的白田邨，5,400 平方呎的新學習中心備有 11 個活動室，每年可提供 7,500 節需求殷切的中心服務，惠及超過 3,000 名一至十八歲居住於深水埗區的弱勢及基層兒童和青少年。



Hong Kong Services 香港服務

Centre-based Programs 中心項目

Academic Support
學業支援

Multi-Intelligence Training
多元智能訓練

Early Childhood Education
幼兒教育

SEN Support Services
特殊學習需要支援服務

Outreach Programs 外展項目

The Community Chest Slam Dunk Challenge
公益金青少年入樽計劃

Art To Heart - Mental Wellbeing Navigation for Youth
青少年情緒健康導航

CYLF Talent Development Scholarship
成長希望獎學金

Story Wonders
故事遊學園

Pilot Programs 先導項目

NetPals
友您在線

SMART
童航領袖計劃

Centre-based Program 中心項目

Academic Support 學業支援

Embracing the rights for all children to receive equal and quality learning opportunities, Changing Young Lives Foundation has been dedicated to providing a broad array of academic support services to hundreds of underprivileged children every year.

Our services encompass tutorial sessions, supplementary courses, project studies, peer learning programs and digital education.

成長希望基金會一直致力提供平等及優質的學習機會予弱勢和基層兒童，多元化的學習支援服務每年惠及數百名有需要的兒童。

我們的學習支援服務涵蓋功課輔導、個別學科課程、專題研習、同儕學習支援及線上教育。

Program Sponsors 項目贊助：

FLOW TRADERS



Centre-based Program

中心項目

Multi-Intelligence Training

多元智能訓練

Multi-intelligence training empowers children for all-rounded development in intellectual, artistic, musical, physical and social capacities.

The diverse training in literacy, arts, music, sports and social emotional learning provided by Changing Young Lives Foundation not only broadens the learning exposure and life horizon of under-resourced children, but also helps foster some of the desirable personality traits that would benefit them along their life journey.

多元智能訓練可培育兒童的智能、藝術、音樂、體格及社交能力的全面發展。

成長希望基金會透過提升弱勢和基層兒童的讀寫能力、藝術與音樂造譜、運動興趣與社會情緒能力，協助擴闊他們的個人素質和視野，讓他們在身、心、靈各方面均得到全面發展。

Program Sponsors 項目贊助：



Early Childhood Education

幼兒教育

Centre-based Program

中心項目

Early childhood is an important life stage where children lay the foundation for cognitive, language and social skills development. Sadly, for underprivileged children in Hong Kong, access to quality pre-school education is fraught with challenges where children under 3 years old are not subsidized for schooling and no structural support for transition from kindergarten to primary education.

Changing Young Lives Foundation addresses the unmet needs of early learning opportunities for under-resourced children aged 1 to 5. Focusing on the different developmental stages, we introduce a range of “Learning through Playing” activities including sensorimotor, language, social as well as emotional and behavioral training to unlock young children’s boundless possibilities.

幼兒教育是培育兒童的認知、語言和社交發展的重要基石。奈何，基於經濟因素，來自弱勢家庭的幼兒往往未能獲得優質的學前教育機會；同時亦缺乏由幼稚園過渡小學階段的系統性支援。

成長希望基金會針對 1 至 5 歲幼兒在不同成長階段的發展需要，透過一系列「從遊戲中學習」的活動：包括感覺運動、語言、社交、情緒及行為管理等訓練，啟發孩子盡展潛能。

Program Sponsor 項目贊助：



Centre-based Program 中心項目

SEN Support Services

特殊學習需要支援服務

In Hong Kong, there are over 45,000 students with special educational needs (SEN) integrated into mainstream classrooms in Hong Kong.

In response to the soaring demand on learning support for SEN children across underprivileged communities, Changing Young Lives Foundation provides early intervention to navigate the study struggles of primary students who are diagnosed with or suspected of learning difficulties and studying at mainstream schools.

在香港，超過 45,000 名有特殊學習需要的學童被融入在主流學校中。

為紓緩接受主流教育的弱勢兒童對特殊學習需要支援的迫切需要，成長希望基金會為已確診或懷疑有特殊學習需要及學習困難的小學生，提供學習輔導及讀寫訓練。

Program Sponsor 項目贊助：



Outreach Program

外展項目

The Community Chest Slam Dunk Challenge

公益金青少年入樽計劃

Youth today are confronting unparalleled challenges and stresses arising from schools, families, peers, and society at large. A strong willpower is indispensable for overcoming difficulties and breaking through obstacles. Sport can strengthen the physique, as well as the mind, which is an essential element for adolescent development.

“The Community Chest Slam Dunk Challenge” offers basketball training and tournament, community services, leadership training, multi-intelligence and life planning workshops to over 500 youth each year to foster their sportsmanship, team spirit, civic responsibility, decision making ability and self-confidence. The program encourages participants to explore their boundless potential, set and pursue their personal goals.

In 2021 to 2022, a total of 565 youngsters aged 13 to 18 participated in this program.

現今的青少年面對來自學業、家庭、朋輩及社會各方面的挑戰和壓力，要克服困難和衝破障礙，必須具備強大的意志力。運動既可強健體格，亦能磨練心志，對青少年的身心發展非常重要。

「公益金青少年入樽計劃」每年為超過 500 名青少年提供籃球訓練及比賽、社會服務、領袖培訓、多元智能課程及生涯規劃，培養青少年的體育精神、團隊合作、公民責任、決策能力和自信心。計劃更鼓勵他們探索個人潛能，設定及追求個人目標。

在 2021 至 2022 年度，共有 565 名 13 至 18 歲的青少年參與「公益金青少年入樽計劃」。

Program Sponsor 項目贊助：



本計劃由香港公益金資助
This project is supported by
The Community Chest

Outreach Program 外展項目

Art to Heart - Mental Wellness Navigation for Youth

「藝 x 述」青少年情緒 健康導航

“Art to Heart” is a public education program that makes use of expressive arts to foster the mental wellbeing of youngsters with creativity.

Through a series of Educational Talks and Experiential Workshops, the program inspires and encourages young people to non-verbally express their emotions and inner feelings with various art modalities - body moment, drawing, painting, sculpting, music and writing etc. under the guidance of registered expressive arts therapists. The experience of using creative arts for stress relief is proven to be helpful for young people to cope with their emotional challenges in a safe and non-stigmatized manner.



「藝 x 述」是一項利用表達藝術培育青少年情緒健康的公眾教育項目。

在註冊表達藝術治療師的引導下，透過一系列的教育講座及體驗工作坊，啟發及鼓勵年青人以多元藝術 - 如身體舞動、繪畫、雕塑、音樂、寫作等表達個人感受及情緒，利用創意安全及有效地舒緩壓力及渲洩負面情緒。

Program Sponsor 項目贊助：



Outreach Program 外展項目



CYLF Talent Development Scholarship 成長希望獎學金

Due to financial constraint and limited family support, young people from underprivileged background may not be able to advance their talents even though they are proven gifted.

To help realize their full potential and maximize their opportunities for advancement, Changing Young Lives Foundation (CYLF) inaugurated the "CYLF Talent Development Scholarship" in 2019 to financially support under-resourced secondary students to attain higher prowess in their gifted arenas. The Scholarship also provides opportunities for recipients to give back their talents to benefit the community at large.

16 secondary students with excellent potential in sports, music, arts and performing arts were awarded with the Scholarship in 2021.

來自弱勢家庭的青少年，由於缺乏經濟條件及家人支持，即使擁有過人天賦，亦難以盡展所長，更遑論把才藝進一步發展成個人事業。

為了鼓勵這群青少年持續發展其才藝天賦，成長希望基金會於 2019 年創立「成長希望獎學金」，以協助潛質優厚但資源匱乏的中學生，在其擅長的非學術範疇上獲取更高成就；同時鼓勵他們運用其才藝參與社區服務，回饋社會。

2021 年共有 16 位在運動、音樂、藝術及演藝擁有出色表現的中學生獲取「成長希望獎學金」。

Outreach Program

外展項目

Story Wonders

故事遊學園

“Story Wonders” is a school-based storytelling program to cultivate the literacy development, oral presentation skills, self-confidence and moral values of primary students. It brings literacy, creativity, oration, character education, children’s welfare and fun together to inspire primary children to think laterally and critically, speak confidently and act responsibly.

Shortlisted students will enter the annual Storytelling Contest to showcase their public speaking and story-acting skills.

In 2021 to 2022, 421 primary 4 to 6 students participated in the program.

「故事遊學園」是一個集閱讀、寫作、創意、演說、品格教育，兒童福祉和趣味性於一身的校本外展計劃。透過故事創作和演說，提升小學生的讀寫能力、演說技巧及自信心，並從中啟發他們獨立思考，培養正確價值觀和負責任感。

表現出色的學生將獲挑選參加每年一度的「故事演說比賽」，競逐不同獎項。

在 2020 至 2021 年度，共有 421 位小四至小六年級的學生參與「故事遊學園」。

Program Sponsor 項目贊助：



Pilot Program

先導項目

SMART

童航領袖計劃

“SMART” is a capacity building program dedicated to strengthening the leadership and interpersonal skills of under-resourced youth through a series of tutoring and peer support activities, and at the same time easing the need of academic support in English for underserved children living in Sham Shui Po.

「SMART-童航領袖計劃」透過多元化的學習輔導及朋輩支援活動，鍛鍊基層年青人的領袖才能及溝通能力，提升他們的個人發展潛能，並同時為深水埗區的兒童提供改善英語能力的機會。

Program Sponsor 項目贊助：

UBS Optimus
Foundation



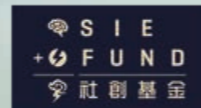
NetPals 有您在線

Responding to the immense demand on English learning support for underserved children, “NetPals” is a digital peer support platform that mobilize high school students with better learning resources across the territory to help shrink the language disparity of their less fortunate peers.

Besides offering English improvement opportunities to children in need, “NetPals” provides valuable service learning and training opportunities to youth students and help enhance their sense of purpose through serving the underprivileged.

In 2021 to 2022, over 80 high school students from international schools joined the program, benefiting more than 160 underserved primary students.

Program Sponsors 項目贊助：



Pilot Program 先導項目

因應弱勢及基層兒童對英語學習支援的殷切需求，「有您在線」計劃提供一個網上朋輩支援平台，鼓勵學習資源較充裕的中學生為弱勢兒童提供英語學習支援。

除了協助有需要的兒童提升英語水平，「有您在線」計劃同時為年青人提供服務學習及培訓機會，透過實踐及服務，培育他們關愛弱勢社群的使命感。

在 2020 至 2021 年度，超過 80 位來自國際學校的中學生參與此項計劃，惠及 160 多位需要改善英語能力的小學生。





CHANGING YOUNG LIVES FOUNDATION
2021 CHARITY GALA

Homecoming

Changing Young Lives Foundation 2021 Charity Gala

成長希望基金會 2021 慈善晚會

As the flagship fundraiser of Changing Young Lives Foundation, our Annual Charity Gala was successfully held at the Grand Hyatt Hong Kong in November 2021. Over 200 guests attended the Gala to support our mission of empowering underprivileged youngsters for a better future.

成長希望基金會每年一度的籌款晚會於 2021 年 11 月假香港君悅大酒店順利舉行。超過 200 位善長撥冗出席支持，一起為協助弱勢及基層兒童創建更美好的將來出一分力。

Changing Young Lives Foundation 2022 “Swing for Change” Charity Golf Tournament 成長希望基金會 2022 慈善高爾夫球賽



The inaugural Changing Young Lives Foundation “Swing for Change” Charity Golf Tournament combined fun and excitement with a good cause. Nearly 100 golfers used their swings to raise fund for CYLF’s 100% free education and empowerment services at the Hong Kong Golf Club (Fanling) in early 2022.

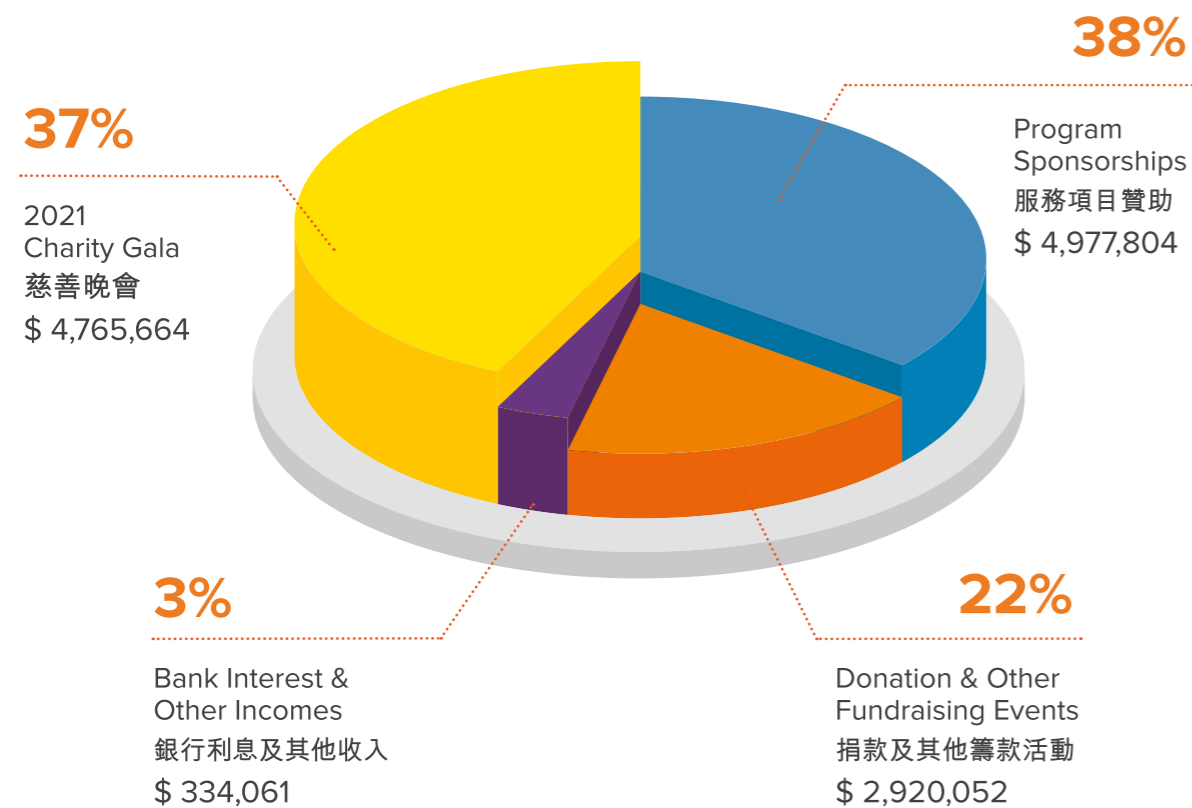
首屆成長希望基金會慈善高爾夫球賽，匯聚近 100 名高爾夫球愛好者，揮桿共襄善舉，為成長希望基金會 100% 免費的教育及個人發展服務籌募經費。

2021 - 2022 Financial Summary 財務摘要

This summary is based on Changing Young Lives Foundation's financial statements for the year ended 31 March 2022. The full audited financial statements by Ernst & Young are available on our website www.cylf.org.hk.

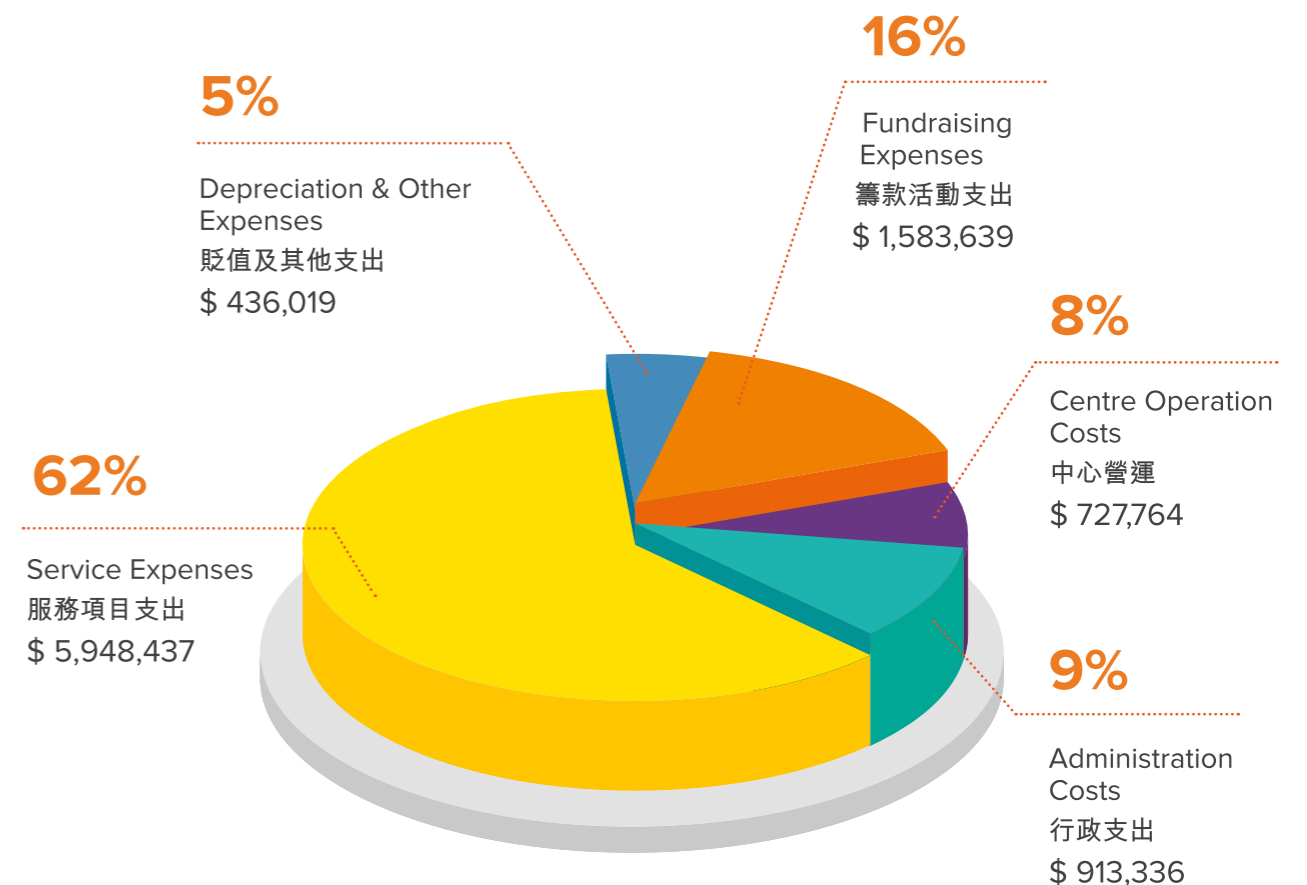
資料摘自成長希望基金會 2022 年 3 月 31 日的年度核數報告，該報告由安永會計師事務所撰寫，完整的財務報告已上載至我們網頁 www.cylf.org.hk。

2021-2022 Fiscal Year Income Sources 財政年度收入來源



Total income 總收入: HK\$ 12,997,581

2021-2022 Fiscal Year Expenditure 財政年度支出



Total expenditure 總支出: HK\$ 9,609,195

Surplus of the Year 年度盈餘: HK\$ 3,388,386

All surplus for the year is transferred to the general reserve for supporting future service development.

所有年度盈餘被撥入一般儲備，以用作未來服務發展用途。

Donation Form 捐款表格

Please send together with cheque or bank-in slip (if any) back to us by freepost, email or fax. Thanks!
請連同支票或入數紙 (如有) 回郵、電郵或傳真給我們。謝謝！

I Wish to Donate 我樂意捐助

- Yearly 每年 Monthly 每月 Once 一次性
- HK\$500
One month support for children with Special Educational Needs (SEN)
特殊學習需要學童一個月支援
- HK\$300
One month self-empowerment training for youth
一個月個人成長訓練
- HK\$200
One month multi-intelligence classes for underprivileged children
一個月多元智能班
- HK\$ _____
Other Amount 其他金額

Donations of HK\$100 or above are tax-deductible with receipts
捐款港幣100元或以上可憑收據申請免稅

Donor Information 捐款者資料

Mr/Ms/先生/女士 _____
Receipt Name 收據名稱 _____
Address 地址 _____
Phone 電話 _____
Email 電郵 _____

Donation Methods 捐助方法

- Bank Direct Debit 銀行戶口自動轉賬
Minimizes the most administrative cost 最有效減省行政支出
Please download donation form and mail original copy to us
請下載捐款表格並郵寄正本給本會
<https://goo.gl/Wq6h8A>
- Credit Card 信用卡
 MasterCard VISA American Express
- Issuing Bank 發卡銀行 _____
Cardholder's Name 持卡人姓名 _____
Card No. 信用卡號碼 _____
Expiry Date (MM/YY) 有效期 _____
- Cardholder's Signature 持卡人簽署 _____
- Cheque 支票
Payable to "Changing Young Lives Foundation" 抬頭「成長希望基金會」
- Cheque No. 支票號碼 _____
Bank Name 銀行名稱 _____
 Bank-in 存款 (HSBC 匯豐銀行 002-8-374338)
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Donation Hotline 捐助熱線：2319 3028 Telephone 電話：2511 0505 Email 電郵：enquiries@cyif.org.hk Fax 傳真：2519 3869

Website 網址：www.changingyounglives.org.hk



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Acknowledgement 鳴謝

Our heartfelt thanks to the generous support of the below donors and corporate partners in 2021 to 2022!

衷心感謝以下善長及商業伙伴在 2021 至 2022 年的慷慨支持！

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Let's Change Young Lives for the Better

一起為孩子創建成長希望



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成長希望基金會
CHANGING
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FOUNDATION

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✉ enquiries@cylf.org.hk

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