



社會發展實踐及研究中心
Social Development Practice and Research Centre

週年報告
(二零二二 至 二零二三年度)
Annual Report (2022-2023)

1. 機構資料 Organization Information

項目 Item	資料名稱 Field Name	內容 Contents
1.1	成立年份 Year of Establishment	2014
1.2	註冊類別 Registration Type (註冊證書編號 Reference Number of the Certificate)	《公司條例》註冊 Registered under Companies Ordinance 2023509
1.3	是否獲豁免繳稅的慈善團體? Tax Exempted Charitable Institute?	《稅務條例》第 88 條 Section 88 of the Inland Revenue Ordinance
1.4	機構地址 Organization address	香港長沙灣荔枝角道 822 號 2 樓西翼 West Wing, 822 Lai Chi Kok Road, Cheung Sha Wan, HK
1.5	電話 Telephone No.	21172630
1.6	傳真 Fax	Nil
1.7	電郵 Email	offices@sdprc.org.hk
1.8	機構網址 Organisation's Website	Nil
1.9	服務中心/單位總數 No. of Service Centers/Units	1
1.10	員工總數 No. of Staff	7 名全職員工及 1 名兼職員工 Seven full-time staff & one part-time staff

2. 機構使命與架構 Mission and Governance

2.1 機構使命與目標 Mission and Objectives

社會發展實踐及研究中心成立於 2014 年，致力於：

- 扶助貧困和關注不同階層人士的需要，改善他們的福祉；
- 就貧困及相關議題進行社會研究，倡議社會政策的改變；
- 針對有需要社群，研究、推動及支援創新性社會服務；及
- 就服務有需要社群的不同界別人士，提供專業培訓。

The Social Development Practice and Research Centre was established in 2014 to achieve the following objectives:

- Concerning the welfare of various social classes and striving for the improvement of their well-being;
- Conducting social research studies on poverty and related areas for advocating for policy changes;
- Innovating services for groups in need; and
- Providing professional training for professionals from different backgrounds targeting the groups in need.

2.2 董事局/管理委員會成員

Members of Board/ Management Committee

董事局主席 **Chairman of Board**：馮國堅博士 **Dr. Fung Kwok Kin**

董事局秘書 **Secretary of Board**：洪雪蓮教授 **Prof. Hung Suet Lin**

董事局財政 **Financial Secretary of Board**：劉肇薇博士 **Dr. Lau Siu Mei**

管理委員會主席 **Chair of Management Committee**：

王琮灃博士 **Dr. Wong King Lai**

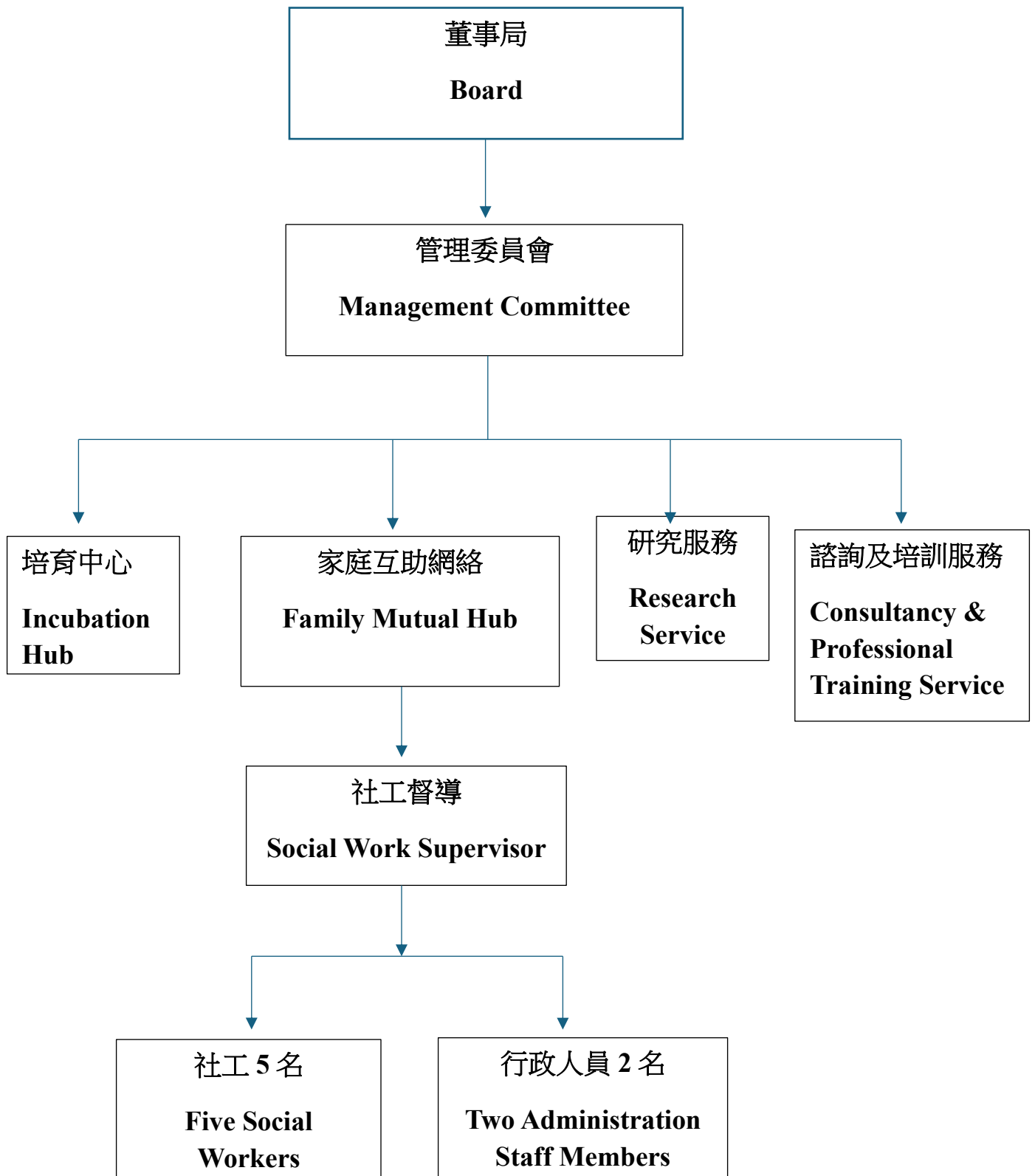
管理委員會成員 **Members of Management Committee**：

陳宇翔博士 **Dr. Chan Yu Cheung**

黃志雄先生 **Mr. Wong Chi Hung**

馮炬熊先生 **Mr. Raymond Feng**

2.3 機構組織架構 Organizational Structure



3. 年度主要會務及活動報告 Annual Report on Major Businesses & Activities

家庭互助網絡 Family Mutual Hub

家庭互助網絡成立的目的是為深水埗區有需要的居民及家庭提供適切的社區支援服務，並推動他們參與社區，建立社會資本。家庭互助網絡分別獲得傅德蔭基金及社區投資共享基金的資助，推行「劏房媽媽關愛計劃」和「共抗、共防、齊建健康互助好社區」計劃。兩項計劃同樣以社區發展模式，提供中心為本的社區支援服務外，採用社區接觸的外展手法，如進行家訪和設置街站，主動接觸區內居住在劏房的有需要家庭；計劃尤其針對缺乏社區支援、孤立和因種種原因缺乏求助動機的「劏房媽媽」和她們的年幼子女。計劃透過舉辦不同形式的社區小組及活動，提升她們解決問題的能力，促進其身心靈健康；同時，鼓勵她們積極參與社區，與同路「劏房媽媽」及其他居民建立互助網絡，進而成為社區伙伴，協助區內其他弱勢婦女及有需要家庭。

The Family Mutual Hub aims to provide appropriate community support services to residents and families in need in the Sham Shui Po district and encourage their participation in the neighbourhood, thereby building social capital. The Family Mutual Hub is funded by the Fu Tak Lam Foundation and the Community Investment and Inclusion Fund to implement the “Caring Project for Mothers Living in Subdivided Units” and the “Fight and Defend Together to Build a Healthy and Mutual Help Community” project. Both projects adopt a community development model, providing centre-based community support services and employing outreach methods such as home visits and street stations to proactively reach out to families in need living in subdivided units in the district. The projects mainly target “mothers living in subdivided units” and their young children who lack community support, are isolated, and lack the motivation to seek help for various reasons. Through organising multiple forms of community groups and activities, the projects aim to enhance their problem-solving abilities and promote their physical, mental, and spiritual health. At the same time, the projects encourage them to participate actively in the community, establish mutual support networks with other 'subdivided flat mothers' and residents, and ultimately become community partners to assist other disadvantaged women and families in need in the neighbourhood.

「劏房媽媽關愛計劃」(傅德蔭基金資助)

家庭互助網絡獲得傅德蔭基金資助，於2019年4月開始推行第一期為期三年的「劏房媽媽關愛計劃」(2019年4月至2022年3月)。2022年4月，家庭互助網絡獲得傅德蔭基金第二期的資助(2022年4月至2024年3月)，計劃得以延續，為深水埗區有需要的「劏房媽媽」提供適切的社區支援服務。

計劃主要對象為面對高壓情況及各種生活困難的「劏房媽媽」。我們採用外展工作手法，如進行家訪和設置街站，主動接觸區內的「劏房媽媽」，評估她們的需要，提供適切的早期介入及轉介；另一方面，我們提供各項中心為本的小組及活動，如情緒管理課程、家庭關係建立活動、親子活動等，提升她們解決問題的能力，促進其身心靈健康。此外，我們亦鼓勵她們成為「朋輩輔導員」及「健康大使」，支援其他生活面對困難的「劏房媽媽」，建立互助互信的社區網絡。

計劃目的：

- 協助「劏房媽媽」配對社區/專業資源，支援她們解決生活上的困難或滿足她們的需要；
- 提升「劏房媽媽」的解難知識和技能；
- 促進劏房媽媽社會支持網絡的擴展；
- 促進「劏房媽媽」的參與社區，建立社區互助網絡及價值。



「劏房媽媽」互助小組
Mutual help group for mothers in SDUs



朋輩輔導互助支援服務
Peer counselling mutual support service

計劃活動及輸出：

主要活動及統計	2022年4月至 2023年3月 實際輸出
1. 外展服務—家訪「劏房媽媽」	415 次
2. 個案轉介服務 <ul style="list-style-type: none"> ○ 適切社會服務轉介 ○ 社會服務/醫療服務轉介及陪伴 	77 次 37 次
3. 跨專業團隊諮詢服務	109 次
4. 情緒管理課程 <ul style="list-style-type: none"> ○ 「劏房媽媽」情緒管理課程 ○ 兒童情緒管理課程 	45 節 34 節
5. 家庭關係促進活動 <ul style="list-style-type: none"> ○ 室內家庭聚會 ○ 戶外家庭聚會 	6 次 5 次
6. 兒童託管活動	48 節
7. 社區互助網絡 <ul style="list-style-type: none"> ○ 「劏房媽媽」互助小組 ○ 朋輩輔導員 ○ 兒童託管義工 ○ 健康大使 	38 節 9 名 11 名 3 名
8. 計劃受助人數 <ul style="list-style-type: none"> ○ 受助「劏房媽媽」總人數 ○ 受助兒童總人數 	320 名 544 名

“Caring Project for Mothers Living in Subdivided Units (SDUs)” (Funded by The Fu Tak Iam Foundation)

The first phase of the three-year ‘Caring Project for Mothers in Subdivided Units’ was funded by the Fu Tak Iam Foundation and launched in April 2019 (from April 2019 to March 2022). In April 2022, the Fu Tak Iam Foundation continually funded the second phase (from April 2022 to March 2024), which allowed the project to continue providing appropriate community support services to mothers in subdivided units in the Sham Shui Po district.

The project primarily targets mothers in subdivided units facing high-pressure situations and various life difficulties. We adopt outreach methods such as home visits and street stations to proactively reach out to ‘mothers in subdivided units’ in the neighbourhood, assess their needs, and provide appropriate early interventions and referrals. On the other hand, we offer various centre-based groups and activities, such as emotional management courses, family relationship-building activities, and parent-child activities, to enhance their problem-solving abilities and promote their physical, mental, and spiritual health. Additionally, we encourage them to become ‘peer counsellors’ and ‘health ambassadors’ and build a community mutual support network to support other mothers in subdivided units in difficulties.

Project objectives

- To match the mothers in SDUs with community/professional resources to assist them in solving problems or to meet their needs
- To enhance the problem-solving knowledge and skills of the mothers in SDUs
- To facilitate the extension of the social support network of the mothers in SDUs
- To facilitate the community participation of the mothers in SDUs and build up mutual-help network and value in the neighbourhood



戶外家庭活動
Outdoor family activities



親子悠閒閣
Parent-child relax pavilion

Project activities and output

Key Activities and Statistics	April 2022 to March 2023 Actual output
1. Intensive reaching-out services <ul style="list-style-type: none"> ○ Home visit for the mothers 	415 times
2. Case referral services for mothers in need <ul style="list-style-type: none"> ○ Case referral to appropriate social services ○ Escort service to social/medical services 	77 times 37 times
3. Consultation services by a multi-professional team	109 times
4. Stress management courses <ul style="list-style-type: none"> ○ Stress management courses for mothers ○ Stress management courses for children 	45 sessions 34 sessions
5. Family relationship-building programs <ul style="list-style-type: none"> ○ Indoor family gatherings ○ Outdoor family gatherings 	6 times 5 times
6. Child-minding activities	48 sessions
7. Community mutual help network <ul style="list-style-type: none"> ○ Mutual help groups for mothers ○ No. of peer counsellors ○ No. of child-minding volunteers ○ No. of health ambassadors 	38 sessions 9 mothers 11 mothers 3 mothers
8. No. of beneficiaries <ul style="list-style-type: none"> ○ Total no. of mothers in SDUs served ○ Total no. of children in SDUs served 	320 mothers 544 children

「共抗、共防、齊建健康互助好社區」計劃 (社區投資共享基金資助)

家庭互助網絡獲得社區投資共享基金資助，推行為期三年的「共抗、共防、齊建健康互助好社區」計劃 (2021 年 10 月 1 日至 2024 年 9 月 30 日)。計劃運用「社、福、醫、商」跨界別協作模式，於深水埗區 (大南街、北河街、荔枝角道及基隆街一帶) 推行，透過建立跨界別協作平台，推動不同界別夥伴持續關注和支援劏房孩子及其照顧者的身心健康需要。計劃透過建立互助小組和提供訓練，提升照顧者和其他居民的情緒管理、身心健康及應付危機的能力；推動同路人互助網絡建立，並組織他們成為「照顧者網絡」，促進角色轉化為劏房孩子的守護大使，積極參與社區；此外，計劃發展舊樓大廈居民組織，共同關注和商討如何改善社區環境，從而實踐由下而上及鼓勵居民當家作主支援社區。

計劃內容：

1. 建立跨界別協作平台，推動不同界別夥伴持續關注和支援劏房孩子及其照顧者的身心健康需要。
2. 舉辦各項社區支援活動，包括身心健康、家居維修及食物支援等，支援照顧者及其他居民的日常所需。
3. 成立「劏房孩子照顧者互助小組」，透過互相分享及共同學習建立同路人互助網絡。
4. 運用地區資助建立社區友善聚腳點，建立社區互助網絡。
5. 以「樓座發展」模式結連劏房家庭及其他住戶，建立同路人社區互助及鄰里支援網絡。
6. 透過定期樓座會議，促進成員主動聯繫社區持分者反映意見，組織改善社區環境的活動。
7. 建立集體購物工作小組、精神健康及社區資源大使，推動照顧者及其他居民角色轉化，擔當策劃及組織者角色，共同策劃持續支援社區。

“Fight and Defend Together to Build a Healthy and Mutual Help Community” Project (Funded by Community Investment and Inclusion Fund (CIIF))

The Family Mutual Support Network has received funding from the Community Investment and Inclusion Fund to implement a three-year project, "Together Against, Together Prevent, Building a Healthy Mutual Support Community" (from October 1, 2021, to September 30, 2024). The project adopts a cross-sectoral collaboration model involving "social, welfare, medical, and business sectors". The project is being carried out in the Sham Shui Po District (around Tai Nan Street, Pei Ho Street, Lai Chi Kok Road, and Ki Lung Street). The project aims to promote attention and support from different stakeholders for children living in subdivided units (SDUs) and their caregivers by establishing a cross-sectoral collaboration platform. The project develops mutual support groups and provides training to enhance the problem-solving abilities of caregivers and other residents. It develops a peer mutual support network, organising carers and residents into a "Caregivers Network" to facilitate their transformation into guardians for children living in SDUs, actively participating in the community. Additionally, the project aims to develop resident organisations in old buildings, collectively focusing on and discussing improving the community environment, thereby practising from the ground up and encouraging residents' self-governance to support the neighbourhood.

Project content:

1. Establish a cross-sectoral collaboration platform to promote attention and support from different stakeholders for children living in subdivided units (SDUs) and their caregivers.
2. Organise various community support activities, including physical and mental health services, home repairs, and food assistance, to support the daily needs of caregivers and other residents.
3. Form a "Mutual Support Group for Caregivers of Children in SDUs" to build a peer mutual support network through sharing and learning.
4. Utilize local resources to establish community-friendly gathering points and build a mutual support network.
5. Connect SDU families and other residents through a "building block development" model to establish a community mutual and neighbourhood support network.
6. Facilitate regular building block meetings to encourage members to proactively connect with community stakeholders, express opinions, and organise activities to improve the community environment.
7. Establish a working group for collective purchasing, mental health and community resource ambassadors to promote the transformation of caregivers and other residents into planners and organisers, jointly planning ongoing community support.

計劃整體輸出 (截至 2023 年 3 月 31 日)
Project output (as of 31 March 2023)

	實際整體輸出
義工人數 No. of Volunteers	99
直接參與人數 No. of Participants	242
參與家庭 No. of Participating Families	42
協作夥伴 No. of Collaborative Partners	19

其他社區項目 Other Community Projects

2022-2023

項目名稱 Project Name
渣打銀行慈善基金資助計劃 — 「支援失業婦女就業計劃」 The Standard Chartered Community Foundation- Unemployed Women Employment Support Project
香港置地「家基金」— 立志闖里程 Hongkong Land HOME FUND- Project Futuremark
中電燃料費資助計劃 CLP Fuel Cost Subsidy Programme

4. 機構財務資料及機構主管簽署

Financial Information and Signature of Head of Organisation

「機構財務資料」提供說明

為讓公眾進一步瞭解本機構的會務及服務營運情況，本機構謹提供以下資料，以增進讀者對本機構財務狀況的認識。

Note on provision of Financial information

To enable readers to better understand the service and operation of this Organization, the below information is provided for easy access to disclosed financial information of this Organization.

1. 財務狀況 Finance Situation 參考可提供的最近年度之 <u>經核實的周年帳目/財務報告</u> 。 Refer to latest available <u>audited Annual Accounts/Financial Statements</u>		
4.1	周年帳目/財務報告覆蓋的財政年度 Financial year covered by the above Annual Accounts/ Financial Statements	__2022__年(year)__4月(month) 至 to __2024__年(year)__3月(month)
4.2	本機構同意將上述周年帳目/財務報告向公眾披露 We agree to disclose the above Annual Accounts/Financial Statements to the public	<input type="checkbox"/> 是 Yes <input checked="" type="checkbox"/> 否 No

4.3

如本機構同意將上述周年帳目/財務報告向公眾披露，有關資料可透過以下途徑獲取：

If this organization agrees to disclose the above Annual Accounts/Financial Statements to the public, the information is available via:

周年帳目/財務報告機構已上載機構網頁 (連結 link _____)

Annual Accounts/Financial Statements have been uploaded to organization website

周年帳目/財務報告機構存放於香港社會服務聯會參考圖書館

Annual Accounts/Financial Statements are available in the Reference Library of
The Hong Kong Council of Social Service

周年帳目/財務報告機構存放本機構辦事處，可致電 _____ 預約親臨閱覽

Annual accounts/financial statements available in our Office. Appointment for perusal can be made by calling phone
no. _____

其他途徑 Others _____

機構主管姓名 Name of Head of Organization	Dr. Fung Kwok Kin	
機構名稱 Name of Organization	Social Development Practice and Research Centre	
職位 Position	Chairman of Board	 機構印章 Organization Chop
簽署 Signature		
日期 Date	1 April 2023	

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